#### Women! It's our time to talk about sexuality

Workshop presented by the BC CHIWOS Team

Positive Gathering Conference Sunday March 30<sup>th</sup> 2014 Coast Plaza Hotel, Comox Room





We would like to acknowledge that we have gathered together on the TRADITIONAL **UNCEDED TERRITORY OF THE CEDAR COAST SALISH** PEOPLE







#### Acknowledgements

- Thank you to all the women living with HIV who have been involved in the study
- Thank you to the co-PIs, provincial coordinators, PRAs, and entire national research team
- Thank you to the Steering Committee members, Community Advisory Board (CAB) members, CAAB-PAW members, and all the coinvestigators, collaborators, and community partners
- Thank you to our affiliated studies: REACH, CANOC & OSC
- Thank you to our funders: CIHR (Institute of Gender and Health) and the CTN



#### **Meet Our Team!**



#### **Outline of Workshop**

## Overall Purpose: To have a fun, interactive, and affirming sexual health workshop

- **Ice-breaker:** Let's dance!
- **X Trivia:** Test our knowledge!
- **Sexuality Flower' Mural:** Exploring what makes our sex lives healthy and fulfilling!



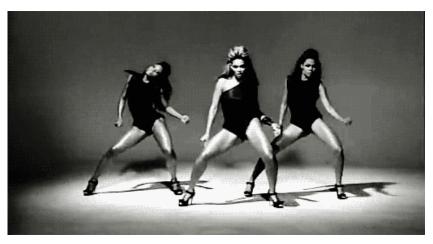
### lcebreaker



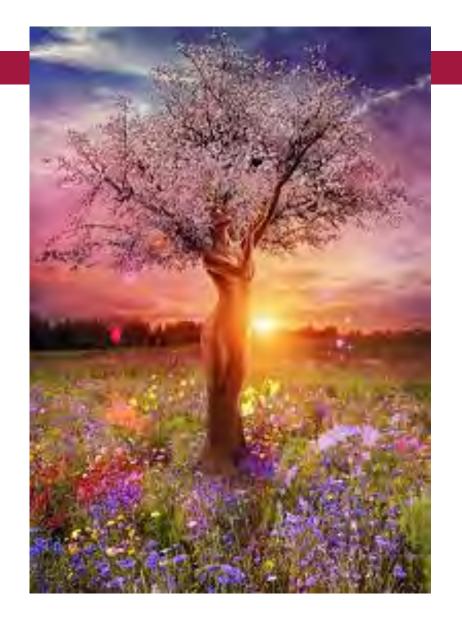
Étude sur la santé sexuelle et reproductive des femmes vivant avec le VIH au Canada

Canadian HIV Women's Sexual and Reproductive Health Cohort Study

### Strut your best dance move







## Getting grounded

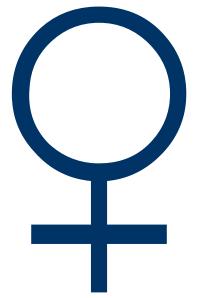


### Trivia: Test your knowledge!

Étude sur la santé sexuelle et reproductive des femmes vivant avec le VIH au Canada

SAn P/

Canadian HIV Women's Sexual and Reproductive Health Cohort Study



### How many people living with HIV globally are **WOMEN?**



Globally, women account for half (17.7 million) of all people living with HIV

How many people living with HIV globally are WOMEN?



a. 25,500 **b.** 16,600 c. 10,300 d. 12,400

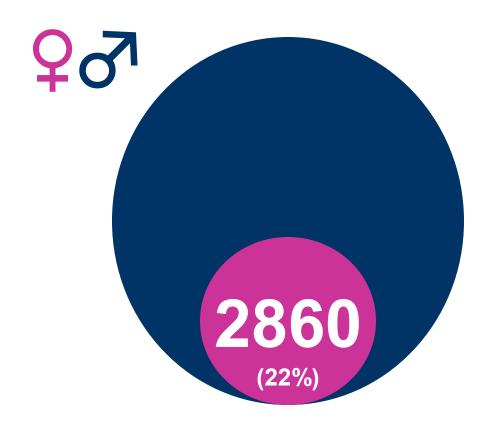
How many WOMEN are living with HIV in **Canada**?

**b.** 16,600

In Canada, there are 16,600 women living with HIV, representing about one-quarter of all people living with HIV







In 2011, about 13,000 people in B.C. were living with HIV, of which 2860 (22%) were women





### How many women have had SEX in the last 6 months?

Note: This is preliminary CHIWOS data and only includes BC participants enrolled by Feb 20, 2014 (n=152 records). Note: Sex includes any type (vaginal, anal and oral) of sex women willing engage in.

# 50 / 50 SPLIT

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### What % are satisfied with their sex life?

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a. 75% **b.** 51% c. 26% d. 12%

What % are satisfied with their sex life?

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#### **75%** feel their sex life is completely, very or reasonably satisfactory

CHIWOS eb 20, 2014 (n=152 records)

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#### **15%** Very important

- 33% Somewhat important
- 14% Neither important nor unimportant
- **4%** Somewhat unimportant
- 34% Not at all important

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#### **'Sexuality** Flower' Mural



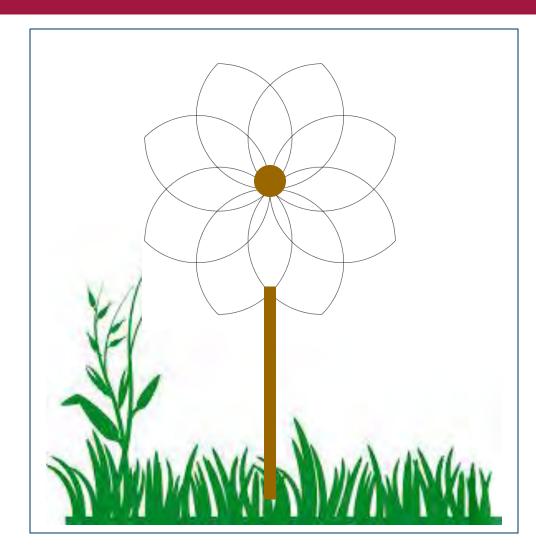
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Étude sur la santé sexuelle et reproductive des femmes vivant avec le VIH au Canada

CHIW

Canadian HIV Women's Sexual and Reproductive Health Cohort Study

# What makes our sex lives healthy and fulfilling?



#### Sexuality

Love Desire Pleasure Anger Joy Intimacy Delight Jealousy Emotions Social Jationships Jationships Monogamy Monmonogamy Monmonogamy Familles Familles Familles Familles Familles Familles Familles

image

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Source: SHE UK ToolKit, June 2011

Please share one idea, thought, word or 'Aha!' moment you are leaving with today







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