Prevalence and Correlates of Forced Sex as a Self-Reported Mode of HIV Acquisition Among a Cohort of Women Living With HIV in Canada

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## Abstract

Gender-based violence (GBV) is a global epidemic associated with increased HIV exposure. We assessed the prevalence and correlates of HIV acquisition via forced sex among women living with HIV (WLWH) in Canada. Baseline

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Mona Loutfy, Women's College Research Institute, Women's College Hospital, 76 Grenville Street, Room 6415, Toronto, Ontario M5S IB2, Canada. Email: mona.loutfy@wchospital.ca guestionnaire data were analyzed for WLWH ( $\geq$ 16 years) with data on selfreported mode of HIV acquisition, enrolled in a community-based cohort study in British Columbia, Ontario, and Québec. We assessed forced sex (childhood, adulthood) as a self-reported mode of HIV acquisition. Of 1,330 participants, the median age was 42 (interquartile range [IQR] = 35-50) years; 23.5% were Indigenous, 26.3% African/Caribbean/Black, 43% White, and 7.2% of Other ethnicities. Forced sex was the third dominant mode of HIV transmission at 16.5% (n = 219; vs. 51.6% consensual sex, 19.7% sharing needles, 5.3% blood transfusion, 3.8% perinatal, 1.3% contaminated needles, 0.4% other, 1.6% do not know/prefer not to answer). In multivariable analyses, significant correlates of HIV acquisition from forced versus consensual sex included legal status as a landed immigrant (adjusted odds ratio [aOR] = 1.99; 95% confidence interval [CI] = [1.12, 3.54]) or refugee (aOR = 3.62; 95% CI = [1.63, 8.04]) versus Canadian citizen; African/ Caribbean/Black ethnicity versus Caucasian (aOR = 2.49; 95% CI = [1.43, 4.35]), posttraumatic stress disorder symptoms (aOR = 3.00; 95% CI = [1.68, 5.38]), histories of group home residence (aOR = 2.40; 95% CI = [1.10, 5.23]), foster care (aOR = 2.18; 95% CI = [1.10, 4.34]), and having one child relative to having three or more children (aOR = 0.52; 95% CI = [0.31, 0.89]). GBV must be considered a distinct HIV risk factor; forced sex is a significant underrecognized risk factor and mode of women's HIV acquistion. Public health reporting systems can separate consensual and forced sex in reporting modes of HIV acquisition. Practitioners can engage in screening practices to meet client needs.

#### Keywords

women, HIV, forced sex, HIV risk factor, violence, HIV transmission

## Introduction

Girls and women across the globe experience high rates of gender-based violence (GBV) and its harmful mental, physical, and sexual health outcomes (Durevall & Lindskog, 2015; Ellsberg et al., 2008; García-Moreno et al., 2006; Pallitto & O'Campo, 2005). The World Health Organization reported that more than one third (35.6%) of women globally have ever experienced physical and/or sexual violence by an intimate partner or sexual violence by a nonpartner (García-Moreno, 2013). HIV and other sexually transmitted infections (STIs) have been causally linked with GBV (Dunkle & Decker, 2013).

Sexual violence has been associated with higher rates of HIV acquisition in research from India (Sarkar et al., 2008; Silverman, Decker, Saggurti, Balaiah, & Raj, 2008; Wirth, Tchetgen, Silverman, & Murray, 2013), Tanzania (Sa & Larsen, 2008), South Africa (Speizer et al., 2009), Uganda (Zablotska et al., 2009), Papua New Guinea (Lewis, 2012), Togo (Burgos-Soto et al., 2014), and Benin (Tounkara et al., 2014). These studies include HIV acquisition associated with lifetime experiences of sexual violence (Silverman et al., 2008; Tounkara et al., 2014; Zablotska et al., 2009), recent experiences of sexual violence (Wirth, Tchetgen Tchetgen, Silverman, & Murray, 2013; Zablotska et al., 2009), experiences of sexual violence during initiation of sex work (Sarkar et al., 2008), and experiences of childhood sexual violence (Lewis, 2012). Women are also at risk of violence after acquiring and disclosing HIV status (Gielen, McDonnell, Burke, & O'Campo, 2000).

There are complex direct and indirect pathways between sexual violence and HIV acquisition. A direct pathway is that forced sex causes vaginal and anal tearing and trauma that elevates exposure to and likelihood of acquisition of HIV (McLean, Roberts, White, & Paul, 2011). Forced sex is more likely to involve anal sex versus vaginal sex acts in comparison with consensual sex, again increasing the likelihood of HIV acquisition (Campbell, Lucea, Stockman, & Draughon, 2013). In situations of forced sex, condoms are rarely, if ever, used (Campbell et al., 2013). Sexual violence survivors may experience immune system dysregulation due to the stress response that results from violence, and this can possibly elevate HIV acquisition risks and progression (Ayaydin et al., 2016; Campbell, 2002). Male perpetrators of sexual violence are more likely to have multiple and concurrent sex partners, use alcohol, have other STIs, and be HIV-positive (Decker et al., 2009; Dunkle & Decker, 2013).

Indirect pathways between sexual violence and HIV vulnerability are shaped by the psychological impacts of sexual violence that may be long lasting (Dunkle & Decker, 2013). For instance, women with forced sex histories may have a reduced ability to negotiate future safer sex, fearing that such assertiveness may provoke violence (Wingood & DiClemente, 2000). Women with a history of sexual violence may engage in maladaptive coping strategies, such as increased sexual risk practices, including multiple and concurrent sex partners, sex work, inconsistent condom use, and substance use, including injection drug use (IDU; Amin, 2015; El-Bassel et al., 2007; Wu, El-Bassel, Witte, Gilbert, & Chang, 2003).

GBV is rooted in entrenched gender inequities (Dunkle & Decker, 2013). Other social inequities based on race, sexual identity, sex work, and drug use may exacerbate exposure to both sexual violence and HIV. For example, women who experience intersecting forms of stigma that elevate exposure to HIV and sexual violence risks include women of color (Breiding, 2014), in particular Black (Campbell et al., 2013; Dupont & Sokoloff, 2005) and Latina

women (Centers for Disease Control and Prevention [CDC], 2001; Dupont & Sokoloff, 2005); Indigenous women (Brownridge, 2008); immigrant women (Dupont & Sokoloff, 2005; Ee, 2007); women who identify as lesbian, bisexual, trans, or queer (LBTQ; Logie, James, Tharao, & Loutfy, 2012; Sandfort, Baumann, Matebeni, Reddy, & Southey-Swartz, 2013); women who use drugs (El-Bassel et al., 2007); sex workers (Lang, Salazar, DiClemente, & Markosyan, 2013; Shannon et al., 2009); women who had childhood experience with foster care (Elze, Auslander, McMillen, Edmond, & Thompson, 2001); and women and girls from conflict zones (Hankins, Friedman, Zafar, & Strathdee, 2002; Mills, Singh, Nelson, & Nachega, 2006).

Several knowledge gaps remain regarding forced sex and HIV acquisition. First, most research on HIV acquisition and forced sex has been conducted in low- and middle-income countries—little is known about HIV acquisition through forced sex in high-income countries, such as Canada (Stockman, Lucea, & Campbell, 2013). In 2014, the Public Health Agency of Canada (PHAC) reported that 26.4% of HIV cases in Canada were among women (PHAC, 2013). Most research has focused on HIV vulnerability in the context of intimate partner violence (IPV); fewer studies have examined HIV risks from sexual violence perpetrated by any person, including nonpartners (García-Moreno, 2013). Finally, little is known about the sociodemographic, psychosocial, health, and clinical factors correlated with HIV acquisition through forced sex; this information can inform GBV prevention strategies and HIV care (Batchelder et al., 2016; Hahm, Augsberger, Feranil, Jang, & Tagerman, 2017).

Our study objectives were threefold: (a) to assess the proportion of women living with HIV (WLWH) in a Canadian cohort who self-reported forced sex as the method of HIV acquisition as compared with other modes, (b) to assess factors associated with forced versus consensual sex as women's self-reported mode of HIV acquisition, and (c) to assess factors associated with forced versus consensual sex as women's self-reported mode of HIV acquisition for women born in and outside of Canada.

## Method

## Design and Study Population

This analysis used baseline cross-sectional data from the multisite, longitudinal community-based research cohort study titled "Canadian HIVWomen's Sexual and Reproductive Health Cohort Study" (CHIWOS), that involved WLWH in three provinces: Ontario, British Columbia (BC), and Quebec. These provinces are home to the largest proportion of people living with HIV in Canada. The PHAC (2013) reported that 40.9% of people living with HIV reside in Ontario, 12.8% in BC, 21.3% in Quebec. Study inclusion criteria included cisgender, intersex, or transgender women aged 16 and older residing in Ontario, BC, or Quebec, who self-reported living with HIV, and who responded to the HIV mode of acquisition question.

## Participant Recruitment

This analysis includes Wave 1 data that enrolled participants from August 27, 2013, to May 1, 2015. Nonrandom, purposive sampling was used to recruit self-identified WLWH, with targeted strategies to recruit key populations of women overrepresented in Canada's HIV epidemic, including African, Caribbean, and Black (ACB) and Indigenous women (PHAC, 2013). These sampling methods included recruiting participants using peer research assistant networks and word-of-mouth, HIV clinics, AIDS Service Organizations (ASOs), community-based organizations (CBOs), provincial Community Advisory Board networks, National Steering Committee networks, listserves, and website, Facebook, and Twitter pages.

Congruent with our community-based research approach in CHIWOS, we hired a diverse group of WLWH as peer research associates (PRAs) to recruit participants and administer the questionnaire. PRAs were trained in survey methods and community-based research. Working with PRAs can reduce social distance between researchers and participants and facilitate inclusion of diverse populations underrepresented in research. CHIWOS Wave 1 included 38 PRAs who were WLWH, including six Indigenous and 14 ACB women. There was also an advisory board developed to provide guidance and to support community engagement.

## Research Ethics Considerations

Research ethics board approval was attained from Women's College Hospital, University of Toronto (Ontario), Simon Fraser University and the University of British Columbia/Providence Health (British Columbia), and McGill University Health Centre (Quebec). Eligible participants provided voluntary written informed consent or oral consent with a study team member as witness for phone/Skype questionnaires.

## Data Collection

Participants completed a tablet-based PRA-administered structured interview in English or French using FluidSurveys<sup>™</sup> software at a range of locations,

including collaborating agencies such as HIV clinics, ASOs, CBOs, or at participant residences. Participants in rural and remote settings also had the option to complete questionnaires by phone or Skype with a PRA. Interview completion time was 1.5 to 2.5 hr (median = 120 min, interquartile range [IQR] = 90-150). Study participants received a Can\$50 honorarium.

# Primary Outcome

The primary outcome of interest was forced sex as a self-reported mode of HIV acquisition. This was assessed with the following question: "How do you think you got HIV?" Table 1 depicts the eight choices of HIV transmission risk categories and participants could pick more than one that applied. In a separate questionnaire section, there were additional questions: "As an adult, has someone ever sexually forced themselves on you, or forced you to have sex?" "Do you think you became HIV-positive as result of these episodes?" "During your childhood, did someone ever sexually force themselves on you, or force you to have sex?" and "Do you think you became HIVpositive as result of these episodes?" If the participant stated forced sex in the question, "How do you think you got HIV?" or reported yes to either of the two additional questions (experienced sexual violence and thought they acquired HIV from that exposure in (a) adulthood or (b) childhood), then it was coded as forced sex. For analytic purposes, one mode of HIV acquisition was assigned per participant based on a hierarchy of modes with the highest likelihood of transmission being at the top (Case et al., 2012). This resulted in seven modes of HIV acquisition coded in the following hierarchical order: (a) perinatal, (b) blood transfusion, (c) sharing needles, (d) contaminated needles, (e) forced sex, (f) consensual sex, and (g) other.

## Covariates of Interest

Questionnaires collected a range of sociodemographic, HIV history, clinical, mental health, violence, stigma, and social support outcomes. Sociodemographic variables assessed in the analysis included province the participant was currently residing in, country of birth, years lived in Canada, legal status in Canada, ethnicity, education level, personal gross yearly income, source of income, number of children, and currently residing with children. Psychosocial variables included early life experiences in foster care, group homes, and/or child protective services; recent incarceration; sex work in the past 6 months; and IDU in the past 3 months. Health variables included having Hepatitis C, ever having any mental health condition, and ever having anxiety, drug addiction, posttraumatic stress disorder (PTSD)

Variable	Overal	l (N = 1,330) n (%)
Age at interview date	42	(35-50)
Province		
British Columbia	342	(25.7)
Ontario	657	(49.4)
Quebec	331	(24.9)
Gender identity		
Cisgender woman	1,269	(95.4)
Transwoman/two-spirited/queer/other	61	(4.6)
Sexual orientation		
Heterosexual	1,155	(86.8)
Lesbian, gay, bisexual, Two-Spirit, queer	170	(12.8)
Don't know/Prefer not to answer	5	(0.4)
Ethnicity		
Aboriginal	312	(23.5)
African/Caribbean/Black	350	(26.3)
Caucasian	572	(43.0)
Other	96	(7.2)
Ever incarceration		
Yes	511	(38.4)
No	818	(61.5)
Don't know/Prefer not to answer	I	(0.1)
Injection drug use ever		
Yes	430	(32.3)
No	876	(65.9)
Don't know/Prefer not to answer	24	(1.8)
HIV transmission risk categories		
Consensual sex	686	(51.6)
Sharing needles	262	(19.7)
Forced sex	219	(16.5)
Blood transfusion	70	(5.3)
Perinatal exposure	50	(3.8)
Don't know/Prefer not to answer	21	(1.6)
Contaminated needles	17	(1.3)
Other	5	(0.4)

**Table I.** Sociodemographic Characteristics of Participants and Self-Reported HIV Transmission Risk Categories (N = 1,330).

symptoms, and/or a sleep disorder. Clinical outcomes assessed included months since last self-reported cluster of differention 4 (CD4) test, months since last self-reported viral load test, most recent viral load, and current antiretroviral drug use.

## Data Analysis

We calculated summary statistics of sociodemographic, psychosocial, and clinical characteristics, including median and IQR for continuous variables and frequencies and proportions for categorical variables. We examined baseline differences between participants who reported forced versus consensual sex as their mode of HIV acquisition using Wilcoxon rank sum test for continuous variables and chi-square or Fisher Exact test for categorical variables. Unadjusted univariable and adjusted multivariable logistic regression analyses, using backward stepwise elimination of variables selected for their theoretical importance based on prior literature, were used to identify factors associated with reporting forced versus consensual sex as a mode of HIV acquisition. To build the final model, we used backward stepwise elimination taking into consideration Akaike's Information Criterion (AIC) and Type III p values to assess goodness of fit (Lima et al., 2007); least significant variables were dropped until the final model had the minimum, optimal AIC. Two-sided statistical tests were conducted with a significance level of .05. All statistical analyses were conducted using SAS version 9.4 (SAS, North Carolina, United States).

## Results

## Participant Characteristics

There were 1,425 women enrolled in Wave 1 who completed the baseline data. Analyses were restricted to participants who had an answer for the primary outcome (mode of HIV acquisition). Participants who responded "prefer not to answer" or "don't know" to the primary question were excluded from the analysis. This current analysis included 1,330 participants; 95 were excluded due to skipping the primary outcome. For models overall, the total sample size is 905 (consensual sex acquisition mode = 686; forced sex acquisition mode = 219); after removing the observations with any missing covariates, the multivariate model has a final sample size of 713. Multivariate models with participants born in Canada had a total sample size of 491, and for participants born outside of Canada, the final sample size was 323.

The sample demographics, overall and by province are outlined in Table 1. The median participant age was 42 (IQR = 35-50); 657 (49.4%) were from Ontario, 342 (25.7%) from BC, and 331 (24.9%) from Quebec. Approximately one quarter (23.5%) of participants were Indigenous, one quarter (26.3%) ACB, 43% White, and 7.2% were of Other ethnicities. One third of participants had a history of IDU.

# Prevalence of Forced Sex and Other Risk Factors as Mode of HIV Acquisition

Table 1 displays HIV transmission risk categories (N = 1,330) and the overall and provincial number of participants reporting each risk factor. Forced sex was the third dominant mode of HIV transmission at 16.5% (n = 219; vs. 51.6% consensual sex, 19.7% sharing needles, 5.3% blood transfusion, 3.8% perinatal, 1.3% contaminated needles, 0.4% other, 1.6% do not know/prefer not to answer). There were 68 participants who listed multiple possible modes of HIV transmission: 17 participants stated forced sex and consensual sex and were coded as forced sex; eight participants listed sharing needles and forced sex and were coded as sharing needles; 43 participants stated sharing needles and consensual sex and were coded as sharing needles.

# Correlates of Forced Versus Consensual Sex as Mode of HIV Acquisition

Table 2 presents multivariate analyses of participants who reported HIV acquisition through forced sex (n = 219) in comparison with consensual sex (n = 686). In multivariate analyses (n = 713), factors significantly associated with acquiring HIV from forced versus consensual sex included legal status as a landed immigrant (adjusted odds ratio [aOR] = 1.99; 95% confidence interval [CI] = [1.12, 3.54]) or refugee (aOR = 3.62; 95% CI = [1.63, 8.04]) versus Canadian citizen, African/Caribbean/Black ethnicity versus Caucasian (aOR = 2.49; 95% CI = [1.43, 4.35]), PTSD symptoms (aOR = 3.00; 95% CI = 1.68, 5.38]), history of group home residence (aOR = 2.40; 95% CI = [1.10, 5.23]), history of foster care (aOR = 2.18; 95% CI = [1.10, 4.34]), and having one child in comparison with having three or more children (aOR = 0.52; 95% CI = [0.31, 0.89]).

We conducted additional analyses to investigate the experiences separately for women born in and outside of Canada. Among women born in Canada (n = 555), 18.4% (n = 102) self-reported HIV acquisition through forced sex in comparison with consensual sex (n = 453; 81.6%). Table 3 reports multivariate analyses among women born in Canada (n = 491). Those who self-reported HIV acquisition through forced sex versus consensual sex were more likely to report receiving income from a parent, friend, relative, or partner (aOR = 2.17; 95% CI = [1.00, 4.67]); have experienced living in foster care (aOR = 2.49; 95% CI = [1.43, 4.34]); report current IDU (past 3 months; aOR = 3.05; 95% CI = [1.30, 7.13]); and had experienced a mental health condition in their life (aOR = 2.15; 95% CI = [1.30, 3.57]).

Table 2. Sociodemographic, Clii   Versus Forced Sex in the CHIWO	nical, and DS Cohc	l Health C ort (n = 90	characte 5).	ristics of <b>V</b>	Vomen Self-Reporting	Acquirin	g HIV Through Consens	sual
		HV Transn	iission Ri	k				
	Consen	isual Sex	Force	ed Sex	Forced	d Sex vs.	Consensual Sex	
	= <i>u</i> )	686)	= u)	219)	Univariate Model		Multivariate Model	
Variable	2	(%)	2	(%)	Odds Ratio (95% CI)	٩	Odds Ratio (95% CI)	٩
Categorical								
Can\$20,000 or higher	102	(44.0)	32	(27.3)		.045		
<can\$20,000< td=""><td>125</td><td>(53.9)</td><td>84</td><td>(71.8)</td><td>1.396 [1.007, 1.936]</td><td></td><td></td><td></td></can\$20,000<>	125	(53.9)	84	(71.8)	1.396 [1.007, 1.936]			
Born in Canada						<.001		
Yes	453	(0.99)	102	(46.6)				
No	232	(33.8)	117	(53.4)	2.24 [1.644, 3.051]			
Don't know/Prefer not to	_	(0.1)						
answer								
Legal status in Canada						<.001		
Canadian citizen	577	(84.1)	138	(63.0)				900.
Landed immigrant/permanent	75	(10.9)	45	(20.5)	2.509 [1.659, 3.794]		1.988 [1.116, 3.541]	
resident								
Refugee	20	(2.9)	22	(0.01)	4.599 [2.441, 8.665]		3.622 [1.631, 8.042]	
Other	4	(2.0)	=	(2.0)	3.285 [1.46, 7.394]		2.293 [0.82, 6.409]	
Don't know/Prefer not to			m	(1.4)				
answer								

Table 2. (continued)								
	-	HV Transm	iission Ri	×				
	Consen	sual Sex	Force	ed Sex	Forced	Sex vs.	Consensual Sex	
	= <i>u</i> )	686)	= u)	219)	Univariate Model		Multivariate Model	
Variable	2	(%)	٦	(%)	Odds Ratio (95% CI)	٩	Odds Ratio (95% CI)	þ
Ethnicity						00.>		.007
Aboriginal	150	(21.9)	37	(16.9)	1.266 [0.804, 1.993]		0.956 [0.515, 1.776]	
African/Caribbean/Black	171	(24.9)	901	(48.4)	3.182 [2.203, 4.596]		2.491 [1.427, 4.348]	
Caucasian	308	(44.9)	60	(27.4)				
Other	57	(8.3)	16	(7.3)	1.441 [0.775, 2.678]		1.988 [0.931, 4.245]	
Education						.041		
Lower than high school	74	(10.8)	35	(16.0)	1.574 [1.019, 2.432]			
High school or higher	609	(88.8)	183	(83.6)				
Don't know/Prefer not to	m	(0.4)	_	(0.5)				
answer								
Report their source of income is						.017		
from another person (Parent/								
friend/relative or partner)								
Yes	37	(5.4)	22	(10.0)	1.963 [1.131, 3.407]			
No	647	(94.3)	196	(89.5)				
Don't know/Prefer not to	2	(0.3)	_	(0.5)				
answer								

П

	Т	IIV Transm	ission Ris	~				
	Consens	sual Sex	Force	d Sex	Forced	Sex vs.	Consensual Sex	
	= <i>u</i> )	686)	= u)	219)	Univariate Model		Multivariate Model	
Variable	۲	(%)	۲	(%)	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	þ
Number of children (categorical)						-00 -		.029
0	227	(33.1)	23	(24.2)	0.412 [0.274, 0.617]		0.729 [0.439, 1.212]	
_	159	(23.2)	45	(20.5)	0.499 [0.325, 0.767]		0.521 [0.307, 0.885]	
2	122	(17.8)	33	(15.1)	0.477 [0.297, 0.765]		0.484 [0.278, 0.844]	
3 or more	141	(20.6)	80	(36.5)				
Not cisgender women	37	(5.4)	œ	(3.7)				
Living with child						.045		
Yes	169	(24.6)	70	(32.0)				
No	480	(0.0)	141	(64.4)	0.709 [0.507, 0.992]			
Not cisgender woman	37	(5.4)	œ	(3.7)				
Early life experiences—child						.008		
protection services								
Yes	72	(10.5)	38	(17.4)	1.776 [1.159, 2.721]			
No	609	(88.8)	181	(82.6)				
Don't know/Prefer not to	ъ	(0.7)						
answer								

(continued)

Table 2. (continued)

		HIV Transm	ission Ri	k				
	Consen	ısual Sex	Forc	ed Sex	Forced	l Sex vs.	Consensual Sex	
	= u)	686)	= u)	219)	Univariate Model		Multivariate Model	
Variable	2	(%)	2	(%)	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	þ
Early life experiences—foster care						<.001		.027
Yes	78	(11.4)	49	(22.4)	2.236 [1.505, 3.321]		2.180 [1.095, 4.342]	
No	605	(88.2)	170	(77.6)				
Don't know/Prefer not to	m	(0.4)						
answer								
Early life experiences—group						<.00		.027
home								
Yes	54	(7.9)	38	(17.4)	2.449 [1.567, 3.829]		2.401 [1.103, 5.228]	
No	630	(91.8)	181	(82.6)				
Don't know/Prefer not to	2	(0.3)						
answer								
Current injection drug use (last 3						900.		.161
months)								
Currently injecting drugs in past 3 months	61	(2.8)	11	(7.8)	2.961 [1.505, 5.822]		2.80 [0.960, 8.165]	
No current injection drug use	80	(11.7)	30	(13.7)	1.241 [0.789, 1.953]		1.046 [0.553, 1.979]	
but previous injection drug								
use								

Table 2. (continued)

Table 2. (continued)								
	-	HV Transm	ission Ris	¥				
	Consen	sual Sex	Force	id Sex	Forced	Sex vs. (	Consensual Sex	
	= <i>u</i> )	686)	= u)	219)	Univariate Model		Multivariate Model	
Variable	2	(%)	2	(%)	Odds Ratio (95% CI)	đ	Odds Ratio (95% CI)	٩
No injection drug use history Don't know/Prefer not to	566 21	(82.5) (3.1)	12 -	(78.1) (0.5)				
answer								
Current antiretroviral therapy (ART) use						<.00 I		.115
Currently on ART	528	(77.0)	196	(89.5)				
Not currently on ART but	33	(4.8)	4	(1.8)	0.327 [0.114, 0.934]		0.230 [0.051, 1.047]	
previously on ART								
Never on ART	123	(17.9)	61	(8.7)	0.416 [0.25, 0.693]		0.680 [0.275, 1.541]	
Don't know/Prefer not to	7	(0.3)						
answer								
Most recent viral load						.014		
(categorical)								
Undetectable (<50 copies/mL)	511	(74.5)	182	(83.1)				
Detectable (≥50 copies/mL)	114	(16.6)	22	(10.0)	0.542 [0.333, 0.882]			
Don't know/Prefer not to	36	(5.2)	0	(4.6)				
answer								
Never received viral load	2	(0.3)						
results								

Table 2. (continued)								
	_	HIV Transn	ission Ri	k				
	Conser	ısual Sex	Forc	ed Sex	Forced	Sex vs.	Consensual Sex	
	= <i>u</i> )	(989)	= <i>u</i> )	219)	Univariate Model		Multivariate Model	
Variable	Ľ	(%)	ч	(%)	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	ф
Never accessed HIV medical	23	(3.4)	ъ	(2.3)				
care								
Hepatitis C						.039		
Yes	601	(15.9)	48	(21.9)	1.493 [1.021, 2.184]			
No	573	(83.5)	169	(77.2)				
Don't know/Prefer not to	4	(0.6)	2	(0.9)				
answer								
Mental health condition ever						.018		
Yes	239	(34.8)	95	(43.4)	1.458 [1.067, 1.991]			
No	440	(64.1)	120	(54.8)				
Don't know/Prefer not to	7	(1.0)	4	(1.8)				
answer								
Mental health history of anxiety						.029		
Yes	89	(13.0)	4	(18.7)	1.571 [1.046, 2.361]			
No	590	(86.0)	173	(0.62)				
Don't know/Prefer not to	7	(0.1)	S	(2.3)				
answer								

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Table 2. (continued)								
		HIV Transn	iission Ri	sk				
	Conser	ısual Sex	Force	ed Sex	Forcec	l Sex vs. (	Consensual Sex	
	= <i>u</i> )	686)	= <i>u</i> )	219)	Univariate Model		Multivariate Model	
Variable	2	(%)	u	(%)	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	þ
Mental health history of drug						.007		
Yes	34	(2.0)	22	(10.0)	2.174 [1.242, 3.805]			
No	645	(94.0)	192	(87.7)	I			
Don't know/Prefer not to	7	(0.1)	S	(2.3)				
answer								
Mental health history of post- traumatic stress disorder						<.001		100.
symptoms								
Yes	49	(7.1)	38	(17.4)	2.776 [1.76, 4.377]		3.004 [1.679, 5.375]	
No	630	(8.1.8)	176	(80.4)				
Don't know/Prefer not to	7	(0.1)	5	(2.3)				
answer								
Mental health history of sleep						.030		
disorder								
Yes	50	(7.3)	26	(11.9)	1.74 [1.054, 2.872]			
No	629	(61.7)	I 88	(85.8)				
Don't know/Prefer not to	7	(0.1)	S	(2.3)				
answer								

	Median (QI-Q3)	Median (Q1-Q3)				
Continuous						
Odds ratio based on I unit increase						
Months since last self-reported CD4 test	2 (1-4)	I (0-3)	0.899 [0.849, 0.954]	<.001	0.927 [0.859, 1.001]	.052
Months since last self-reported viral load test	2 (1-5)	I (0-3)	0.897 [0.847, 0.95]	<.001		

Table 2. (continued)

Note. CHIWOS = Canadian HIV Women's Sexual and Reproductive Health Study; CI = confidence interval.

Table 3.   Sociodemographic, Clinical, and H.     Through Consensual Versus Forced Sex in the three sections.   Through Consensations.	ealth Characteristics of Womer ne CHIWOS Cohort (n = 555).	n Born in Canad	la Self-Reporting Acquiring HI	2
	Univariate Mode		Multivariate Mode	-0
Variable	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	þ
Categorical				
Household gross yearly income		.993		
<can\$20,000< td=""><td>0.998 [0.634, 1.571]</td><td></td><td></td><td></td></can\$20,000<>	0.998 [0.634, 1.571]			
Can\$20,000 or higher				
Sexual orientation		.043		
Heterosexual				
Lesbian, gay, bisexual, Two-Spirit,	1.817 [1.02, 3.239]			
dueer				
Don't know/Prefer not to answer				
Number of children (categorical)		<.001		
0	0.293 [0.163, 0.528]			
_	0.395 [0.208, 0.750]			
2	0.610 [0.322, 1.155]			
3 or more				
Not cisgender women				
Early life experiences—foster care		<.001		100.
Yes	3.746 [2.345, 5.987]		2.494 [1.434, 4.339]	
No				
				(continued)

Table 3. (continued)				
	Univariate Model		Multivariate Model	
Variable	Odds Ratio (95% CI)	đ	Odds Ratio (95% CI)	þ
Report their source of income is from another person		100.		.049
(parent, friend, relative or partner)				
Yes	3.208 [1.609, 6.397]		2.166 [1.004, 4.670]	
		ļ		
Current antiretroviral therapy (ART)		10.		.067
use				
Currently on ART				
Not currently on ART but	0.698 [0.234, 2.088]		0.262 [0.055, 1.254]	
previously on ART				
Never on ART	0.363 [0.187, 0.705]		0.526 [0.251, 1.103]	
City size		.011		
Small				
Medium	0.825 [0.371, 1.833]			
Large	0.439 [0.223, 0.864]			
Mental health condition ever		<.001		.003
Yes	2.734 [1.748, 4.275]		2.153 [1.297, 3.573]	
No				
Don't know/Prefer not to answer				

Table 3. (continued)				
	Univariate Model		Multivariate Model	
Variable	Odds Ratio (95% CI)	φ	Odds Ratio (95% CI)	þ
Mental health history of drug addiction Yes	3.584 [1.96, 6.556]	100 <sup>.</sup> >		
No				
Recent incarceration (in the past year)		100.		
Last year	3.914 [1.826, 8.386]			
Ever but not last year	1.672 [1.051, 2.662]			
Never				
Current injection drug use (last 3 months)		<.001		.036
Currently injecting drugs in past 3 months	5.067 [2.449, 10.484]		3.049 [1.304, 7.130]	
No current injection drug use but previously injection drug use	1.952 [1.148, 3.318]		I.166 [0.636, 2.138]	
No injection drug use history				
Hepatitis C		<.00		
Yes	2.49 [1.57, 3.949]			
No				

Note. CHIWOS = Canadian HIV Women's Sexual and Reproductive Health Study; CI = confidence interval.

Among women born outside of Canada (n = 349), one third acquired HIV through forced sex (n = 117, 33.5%) and two thirds (n = 232, 66.5%) through consensual sex. In multivariate analyses (n = 323), participants born outside of Canada who acquired HIV through forced sex in comparison with consensual sex were more likely to report an income of less than \$20,000 (aOR = 1.87; 95% CI = [1.07, 3.26]); have lived in Canada for less than 5 years (aOR = 6.09; 95% CI = [3.03, 12.26]) or 5 to 10 years (aOR = 2.99; 95% CI = [1.60, 5.64]), in comparison with more than 10 years; have experienced PTSD symptoms (aOR = 5.86; 95% CI = [1.98, 17.37]); and have been born in an sub-Saharan African country with ongoing conflict and/or GBV issues (South Sudan, Democratic Republic of the Congo [DRC], Rwanda, Nigeria; aOR = 2.40; 95% CI = [1.24, 4.64]; Table 4).

## Discussion

The high self-reported prevalence (16.5%) of HIV infection attributed to forced sex among WLWH in this national cohort study underscores the need to consider gender-based sexual violence as a distinct HIV risk factor. Women's experiences of forced sex as a mode of HIV acquisition varied based on legal status in Canada, ethnicity, early life experiences of foster care and group homes, and PTSD symptoms. Exploring correlates of forced sex separately for women born in and outside of Canada provides insights into different vulnerabilities. Among women born in Canada, those with early life experiences of foster care involvement, current IDU, and a history of mental health issues were more likely to report HIV acquisition from forced sex. Among those born outside of Canada, women reporting a shorter time living in Canada, PTSD symptoms, and being born in countries with ongoing/historical conflict had higher odds of reporting HIV transmission through forced sex. These findings highlight the need to consider GBV and its interconnection with HIV risk, as well as HIV care and support needs (e.g., psychosocial support) tailored for different populations of women (e.g., recent immigrants, women who use drugs), life experiences (e.g., foster care), and health factors (e.g., PTSD symptoms).

This is among few studies to examine prevalence and correlates of forced sex among WLWH as a self-reported direct mode of HIV acquisition (Silverman et al., 2008; Tounkara et al., 2014; Zablotska et al., 2009). We build on prior studies that report elevated rates of HIV acquisition among various populations of women with a history of forced sex, including sex workers (Sarkar et al., 2008; Tounkara et al., 2014; Wirth et al., 2013), adolescent girls and young adults (Rositch et al., 2012; Speizer et al., 2009), and women reporting IPV histories (Dunkle et al., 2004; Sa & Larsen, 2008; Silverman

Table 4.   Sociodemographic, Clinical and Health     Through Consensual Versus Forced Sex in the C	Characteristics of Women Born HIWOS Cohort $(n = 349)$ .	Outside of	Canada Self-Reporting Acq	quiring HIV
	Forc	ed Sex vs. (	Consensual Sex	
	Univariate Model		Multivariate Moo	del
Variable	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	Þ
Categorical				
Ethnicity		100.		
African/Caribbean/Black	4.480 [1.528, 13.136]			
Other	1.399 [0.384, 5.102]			
Caucasian				
Other	1.363 [0.388, 4.791]			
Age at interview date (categorical)		600.		
16-29				
30-39	0.594 [0.217, 1.622]			
40-49	0.283 [0.103, 0.771]			
50 or more	0.333 [0.118, 0.944]			
Legal relationship status		.057		
Married/relationship/common law				
Single	2.013 [1.134, 3.573]			
Separated/divorced/widowed/other	1.577 [0.876, 2.842]			
Years living in Canada (categorical)		<.001		<.00 N
Less than 5 years	5.892 [3.179, 10.922]		6.091 [3.027, 12.257]	
5-10 years	3.175 [1.823, 5.529]		2.999 [1.595, 5.636]	
				(continued)

	Force	ed Sex vs. C	Consensual Sex	
	Univariate Model		Multivariate Model	
Variable	Odds Ratio (95% Cl)	þ	Odds Ratio (95% CI)	ф
More than 10 years				
Report their source of income is from another		666.		
person (parent, friend, relative or partner)				
Yes	I [0.392, 2.55]			
No				
Recreational drug use ever		.046		
Yes	0.44 [0.196, 0.987]			
No				
Household gross yearly income		.002		.028
<can\$20000< td=""><td>2.142 [1.320, 3.475]</td><td></td><td>1.865 [1.068, 3.255]</td><td></td></can\$20000<>	2.142 [1.320, 3.475]		1.865 [1.068, 3.255]	
Can\$20000 or higher				
Legal status in Canada		100.		
Canadian citizen				
Landed immigrant/permanent resident	2.111 [1.25, 3.566]			
Refugee	3.819 [1.878, 7.769]			
Other	2.938 [1.213, 7.115]			
Years living with HIV		<.001		
Less than 6 years				

Table 4. (continued)

	Forc	ed Sex vs. (	Consensual Sex	
	Univariate Model		Multivariate Model	
Variable	Odds Ratio (95% CI)	þ	Odds Ratio (95% CI)	ф
6-14 years	0.544 [0.318, 0.929]			
More than 14 years	0.266 [0.137, 0.514]			
Mental health history of post-traumatic stress		100.		I00 <sup>.</sup>
disorder symptoms				
Yes	5.203 [1.943, 13.934]		5.862 [1.978, 17.371]	
No				
Continent of origin		100.		
Africa				
Caribbean	0.313 [0.146, 0.671]			
North America (United States)	0.211 [0.034, 1.309]			
Europe	0.358 [0.132, 0.97]			
Central America/South America	0.267 [0.092, 0.775]			
Asia/Oceania	0.247 [0.06, 1.022]			
Unknown				
African countries with historical and/or ongoing		<.001		110.
conflict/war and gender-based violence in				
conflict				
South Sudan/DRC/Rwanda/Nigeria	3.009 [1.663, 5.443]		2.401 [1.243, 4.639]	
Others				
Note. CHIWOS = Canadian HIV Women's Sexual and Repr DRC = Democratic Republic of the Congo.	oductive Health Study; CI = confi	dence interva	ıl; PTSD = posttraumatic stress dis	sorder;

Table 4. (continued)

et al., 2008; Zablotska et al., 2009) and childhood sexual abuse (Burgos-Soto et al., 2014; Lewis, 2012). This prior research illuminated complex, multifaceted indirect pathways between sexual violence and HIV acquisition (Dunkle & Decker, 2013), but largely did not assess sexual violence as a direct pathway to HIV acquisition (García-Moreno, 2013). Our study is also among the first to explore forced sex among WLWH in North America, and Canada specifically (Stockman et al., 2013), complementing prior work conducted in sub-Saharan Africa (Burgos-Soto et al., 2014; Sa & Larsen, 2008; Speizer et al., 2009; Tounkara et al., 2014; Zablotska et al., 2009), India (Sarkar et al., 2008; Silverman et al., 2012) that highlight sexual violence as a risk factor of HIV infection. Our findings add to the evidence base showing the harmful health impacts of sexual violence against women across the globe.

Women who inject drugs, women with foster care involvement, and women born in countries with ongoing conflict and GBV were more vulnerable to experiencing forced sex as a mode of HIV acquisition in this study. Prior research reveals increased risks of sexual violence among each of these populations. First, a rich body of literature details social and structural risk environments among women who inject drugs (Rhodes, Singer, Bourgois, Friedman, & Strathdee, 2005), including elevated rates of violence and male partner control over injection tools. A study in BC, Canada, reported more than two thirds (68%) of women who injected drugs reported a lifetime history of sexual violence, and HIV prevalence was higher among those who had experienced sexual violence (Braitstein et al., 2003). Second, a literature review reported increased STI rates during and after youth's foster care involvement (Winter, Brandon-Friedman, & Ely, 2016). Foster youth may experience deficits in education, living skills, social skills, and may lack a knowledge base that facilitates healthy sexual decision making (Surratt & Kurtz, 2012; Winter et al., 2016). Finally, a review of conflict on HIV in sub-Saharan Africa reported that this region has both the highest rates of HIV and internal conflict (Mills et al., 2006). Internal conflict can lead to widespread sexual violence as an instrument of war, in particular, rape targeting women, which elevates HIV transmission risks.

The finding of PTSD as a correlate of forced sex as a mode of HIV acquisition is of important clinical relevance. As this analysis was cross-sectional, the direction of associations cannot be determined; however, it is likely that PTSD is a downstream effect of forced sex. Extant literature underscores the ways in which following IPV, including events of forced sex, survivors experience intense biological, psychological, and social distress, such as PTSD symptoms (Chivers-Wilson, 2006; Varma, Chandra, Thomas, & Carey, 2007). A study conducted among rape survivors (n = 55) found that within 2 weeks of the sexual assault, the majority of participants—almost 80% reported PTSD symptoms (Dahl, 1989). A meta-analysis reports PTSD rates among WLWH in the United States are fivefold greater than their HIVnegative counterparts (Machtinger, Wilson, Haberer, & Weiss, 2012), underscoring that WLWH are at elevated risk of PTSD, even without experiences of forced sex. As PTSD is associated with bodily responses that weaken the immune system (Campbell, Greeson, Bybee, & Raja, 2008), this is of importance to an array of clinical outcomes. In studies examining the impact of PTSD among WLWH, it is well established that traumatic events predict poor health outcomes due to reduced quality of life, decreased medication compliance, antiretroviral therapy (ART) failure, and increased sexual risk practices (Machtinger et al., 2012 Whetten, Reif, Whetten, Reif, Whetten, & Murphy-McMillan, 2008).

It is important to examine the complexity between traumatic events and GBV. Although we note PTSD as a probable consequence of forced sex, it is well established that early childhood trauma can also contribute to one's vulnerability to experience repeated trauma, such as forced sex (Coid et al., 2001; Whitfield, Anda, Dube, Felitti, 2003; Van Der Kolk, 1989). A large study with 8,629 participants from the Adverse Childhood Events (ACE) study, found that both experiencing and witnessing abuse increased women's risks of experiencing IPV (Whitfield et al., 2003). The original 1994 ACE study (Felitti et al., 1998) highlights that the more exposure to adverse events in childhood (e.g., physical, emotional, sexual abuse, neglect), the greater likelihood of co-occurring health and social disparities in adulthood including perpetrating or being a victim of violence, drug use, alcohol use, depression, STIs, as well as other poor sexual and reproductive health outcomes (Felitti et al., 1998). The study results showed that women who experienced physical abuse in childhood had a greater likelihood of being victimized in adulthood. More specifically, the findings highlight that following an increase in the number of adverse, violent experiences among women, there is a 60%increase in the risk of victimization (Whitfield et al., 2003).

These findings on early childhood adversity also help to contextualize our findings on foster care involvement and forced sex. Higher forced sex among persons with a foster care history may be understood in part to be connected with the likelihood of experiencing adversity preceding as well as during child welfare involvement, including but not limited to neglect, familial discord, loss of community and social networks, as well as overall attachment impairment with a primary caregiver as a fundamental determinant of wellbeing (Bruskas & Tessin, 2013; Hillis, Anda, Felitti, Marchbanks, 2001). These contexts, in conjunction with internal factors that result from the impacts of trauma (e.g., emotional instability, aggression, feelings of

hopelessness, powerlessness), which may have initiated during childhood, continue and are sustained in the face of repeated trauma (Browne & Winkelman, 2007; Van Der Kolk, 1989). These long-term consequences may manifest in chronic poor decision making and self-destructive behavior that may elevate exposure to sexual violence in adulthood (Van Der Kolk, 1989).

This study has several limitations. First, women affected by violence may have been likely less likely to enroll in the study or self-report sexual violence in the survey, so the rate of 16.5% could be an underrepresentation. Second, the cross-sectional design precludes understanding of the directionality and causality of correlates of forced sex; for example, were women born in Canada who experienced a mental health issue more vulnerable to experiencing forced sex, or did women develop mental health issues as a result of forced sex? Were women who experienced forced sex as a mode of HIV acquisition more likely to use drugs as a coping strategy, or did contexts of IDU elevate exposure to sexual violence? Future research could focus on disentangling temporality of risks of experiencing sexual violence among women with experiences of IDU, foster care, and could explore whether mental health issues existed prior to experiences of forced sex. This information can inform GBV prevention strategies tailored for women's differential vulnerabilities. It can also inform support strategies to promote optimal health and well-being for GBV survivors living with HIV. Finally, the mode of HIV acquisition was self-reported, and in some cases, women did list different possible routes, and thus, the prevalence estimates are imperfect.

A strength of this study is that it contributes knowledge of rates and prevalence of forced sex as a self-reported direct pathway to HIV acquisition to the body of literature that has largely focused on indirect pathways from sexual violence to HIV infection. We identified subgroups of women who are at elevated risk of HIV through sexual violence, and this information can inform tailored interventions for both HIV and GBV prevention and for engaging women in the HIV care cascade.

Identifying strategies to reduce sexual violence targeting women is a public health priority. A clear understanding of who, and how many, women report forced sex as a mode of HIV acquisition can inform practice and policy. Public health reporting systems can separate the reporting of mode of acquisition through heterosexual sex to include consensual and forced sex. Increased awareness of sexual violence experiences among their clients can help HIV practitioners to prepare to meet their client needs. For example, the Southern Alberta Clinic implemented a universal IPV screening protocol in HIV care, and found that only 22% had been screened for IPV in any health care setting (Raissi, Krentz, Siemieniuk, & Gill, 2015). Multilevel interventions are required to address the needs of WLWH who

experienced forced sex, and to reduce GBV. For instance, clinic-based screening and resource referrals can help to link clients with mental health services and support groups (Dunkle & Decker, 2013). On a population level, inequitable gender norms that create the context for sexual violence and its associated HIV risk need to be challenged. Evidence-based practice interventions in sub-Saharan Africa such as Stepping Stones and IMAGE have addressed both HIV risk and GBV, engaging both men and women in violence prevention (Dunkle & Decker, 2013). Policy and practice interventions can tailor the HIV cascade of care for WLWH who experienced forced sex.

## **Authors' Note**

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