Ensuring the voices, recognition, and well-being of peer researchers in the application of GIPA/MIWA principles: ethical tensions in conducting research with women living with HIV in Canada.

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des femmes vivant avec le VIH au Canada Canadian HIV Women's Sexual and Reproductive Health Cohort Study

## Acknowledgements

We would like to acknowledge that we have gathered on the traditional territory of the Mississaugas of the New Credit First Nation.





#### Conflicts of Interest Disclosure

We have no conflicts of interest to declare.



## Acknowledgments of Study Partners

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The PIs, Coordinators, Peer Research Associates, and all the Co-investigators and Collaborators;

The Steering Committee, Community Advisory Board, and Aboriginal Advisory Board;

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## Acknowledgments of Study Partners

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## Objective of the Presentation

• To examine the question:

What tensions emerge when applying GIPA/MIWA principles in Community Based Research (CBR) projects with women living with HIV in Canada?

• Our presentation draws upon our experiences as peers, academics and community researchers working with the CHIWOS project.

CHIWQS

## CHIWOS CBR Cohort Study

- Canadian HIV Women's Sexual and Reproductive Health Cohort Study
  - Longitudinal cohort study
  - Investigating Women-Centred Care
  - Five year funding (2011-2016)
  - Multi-centred, in QC, ON, BC
  - Community-Based Research (CBR)



## **CBR** Approach and Benefits

- CBR principles (Minkler, 2004)
  - Equitable involvement of those affected by the research in the research (GIPA/MIWA)
  - Shared decisions making over life of study
  - Focus on action and change
- Benefits of CBR approach: (Cargo 2008; Jagosh, 2012)
  - Strengthen stakeholder collaboration
  - Improve research effectiveness
  - Ensure relevance and cultural safety
  - Enable empowerment
  - Facilitate knowledge to action



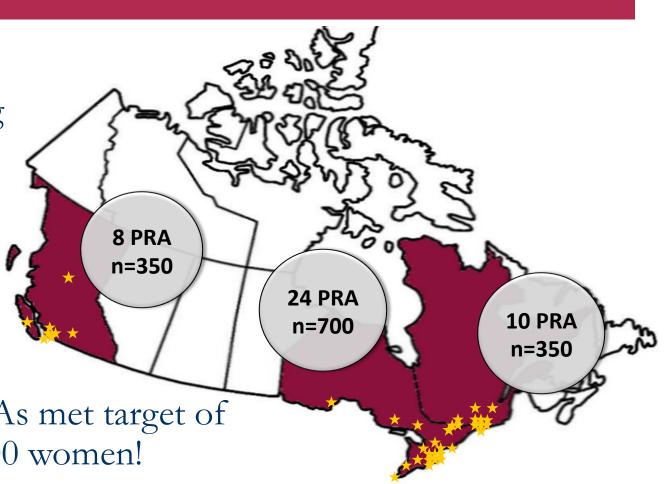
## CHIWOS CBR Principles in Practice

 National Steering Committee

 Three Provincial Community Advisory Boards

• Over 40 PRAs

• May 1<sup>st</sup> 2015 PRAs met target of interviewing 1,400 women!



## Navigating Challenges and Lessons Learned

#### Nadia- Researcher Perspective

1. PRA recognition and HIV confidentiality

#### Tracey- PRA Perspective

- 2. Meaningful involvement and capacity building
- 3. Meaningful involvement and wellbeing





### 1. Recognition vs. Confidentiality

- Working groups:
  - Representatives vs. "meeting women where they are at"
- Interviews:
  - PRA wellbeing vs. PRA model
- CHIWOS as a CBR study:
  - Confidentiality vs. legitimacy as CBR study



## 2. Meaningful Involvement vs. Capacity Building

- Diverse teams with various experiences
  - PRA expectations and goals
  - Capacity building vs. using existing skills
- PRA representation
  - New PRA opportunities on working groups (KTE/NMT)
  - New PRA- led assessment process
- Capacity building is reciprocal
  - PRA Researcher



## 3. Meaningful Involvement vs. Wellbeing

- Meaningful Involvement must include:
  - Self care & maintaining boundaries
  - Support systems & resources
  - Appropriate & transparent compensation
- Richness of the PRA/Participant experience
  - what is gained in CBR!



#### **Conclusions**

- Challenges and tensions will arise
- Context of HIV-stigma, disclosure, inequities persists
- Conflict can be productive (Jagosh, review, 2012)
- Take away messages:
  - PRAs can provide rich insights to mitigating challenges
  - Research teams must be flexible, communicative and creative



#### References

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## Thank you! Questions?



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