

LAST CHIWOS STEERING COMMITTEE MEETING

Bienvenue ! Welcome !

April 11, 2019

BC: 10:30 AM –12:00 PM PDT

SK: 11:30 AM –1:00 PM CST

MB: 12:30 PM –2:00 PM CDT

ON & QC: 1:30-3:00 PM EDT

Teleconference



Étude sur la santé sexuelle et reproductive
des femmes vivant avec le VIH au Canada

Canadian HIV Women's Sexual and
Reproductive Health Cohort Study

Agenda

		Facilitated by
1	Welcome	Mona Loutfy
2	Acknowledgement of the Land & Opening Prayer	Valerie Nicholson
3	Presentation of the team	Mona Loutfy
4	CHIWOS overview and updates	Angela Kaïda and Allyson Ion
5	Prairies updates	Adina Lasker and Sebastien Lefebvre
6	Knowledge Translation and Exchange	Mona Loutfy, Melanie Lee, Yasmeeen Persad, Annette Fraleigh, and Angela Kaida
7	Next steps	Mona Loutfy
8	Closing words	Valerie Nicholson

CHIWOS would like to acknowledge all of the traditional territories on which we have gathered.



Photo by V. Nicholson

CHIWOS – Bilingual policy

- CHIWOS is officially a bilingual study.
- During national meetings, English will be spoken.
- However, if a Francophone Team member has a question or doesn't understand something, they are encouraged to stop the meeting and to ask in French.
- The answer will be given in French and English.
- All final central documents will be translated into French; working drafts will remain in English until finalized.

Acknowledgments

We would like to thank everyone involved for their invaluable contributions to the study. Thank you to...

All the women living with HIV involved in this study;

The Coordinators, Peer Research Associates, and all the co-investigators and collaborators;

The enrolling partnering clinic and community-based organizational sites and partners*

The Steering Committee, CAB members, CAAB-PAW members and CACBAC members;

Our funders: CIHR Institute of Gender and Health, the CTN, and OHTN;

Our affiliated studies: CANOC, REACH & OSC; and

all of our partners for supporting the study.

Merci !

*On next slide in detail



Acknowledgments

And all our community and clinical partners!

B.C.: AIDS Vancouver Island, BC Centre for Excellence in HIV/AIDS, Cool Aid Community Health Centre, Downtown Community Health Clinic, Lookout Housing and Health Society (Positive Haven), Living Positive Resource Centre, Oak Tree Clinic, Positive Living British Columbia, Positive Living Fraser Valley, Positive Women's Network (closed), Positive Living North, and Vancouver Island Persons with AIDS Society.

ON: 2-Spirited People of the 1st Nations; 519 Community Centre; ACCKWA; Africans in Partnership Against AIDS (APAA); AIDS Committee of Durham Region; AIDS Committee of Guelph and Wellington County; AIDS Committee of Simcoe County; AIDS Network Hamilton; Alliance for South Asian AIDS Prevention; Black Coalition for AIDS Prevention; Bruce House; Casey House; Centre Francophone; Elevate NOW; Fife House; Hemophilia Ontario; HIV/AIDS Regional Services (HARS); Maggie's: Toronto Sex Worker's Action Project; Peel HIV Network; Positive Living Niagara; Positive Pregnancy Program (P3); Prisoners with AIDS Support Action Network; Réseau Access Network; Toronto PWA Foundation; Women's Health in Women's Hands; Children's Hospital of Eastern Ontario; Kingston Hotel Dieu Hospital; Health Sciences North, Sudbury Regional Hospital, HAVEN Program; Lakeridge Health; Maple Leaf Medical Clinic; McMaster Family Practice; Ottawa General Hospital; Riverside Family Health Team; SIS Clinic, Hamilton Health Sciences; St. Joseph's Healthcare London; St. Michael's Hospital; Sunnybrook Health Sciences Centre; Toronto East General Hospital; Toronto General Hospital; William Osler Health System; Windsor Regional Hospital, HIV Care Program.

QC: ACCM; L'ARCHE de l'Estrie; ASTT(e)Q; BLITS; BRAS-Outaouais; CACTUS; CASM; Centre des R.O.S.E.E.S; Centre Sida Amitié; Corporation Félix Hubert d'Hérelle; COCQ-SIDA; GAP-VIES; M.A.I.N.S-Bas St-Laurent; Maison Plein Coeur; Maison Dominic; Maison du Parc; Maison Re-Né; MIELS-Québec; Le MIENS Chicoutimi; Portail VIH/sida du Québec; Sidaction Mauricie; SHPÈRE- santé sexuelle globale ; Stella, l'amie de Maimie; UHRESS-Notre-Dame du CHUM, CVIS-MUHC

In memoriam

*In memory of Marisol Desbiens
CHIWOS PRA, friend, and valued colleague*



*We honour and remember the **70 women** living with HIV
who participated in CHIWOS from across Canada who have passed away.*



As of March 21st, 2019

Presentation of the team:

Meet the Principal Investigators !



Mona Loutfy, ON



Angela Kaida, BC



Alexandra dePokomandy,
QC



Carrie Bourassa, SK



Robert Hogg, BC



Marissa Becker, MB



Sharon Bruce, MB

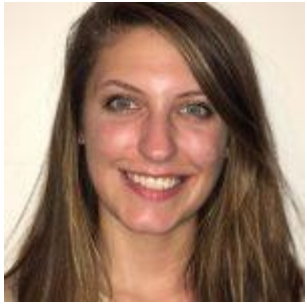


Saara Greene, ON



Presentation of the team:

Meet the Coordinators!



Rebecca Gormley, BC



Nicole Akan, SK



Adina Lasker, MB



Mina Kazemi, ON



Angela Underhill, ON



Karène P-Boucher, QC



Presentation of the team:

Meet the Peer Research Associates !



HUGE thank you to our
dedicated team!

British Columbia

Melanie Lee – **NMT community rep**
Claudette Cardinal
Valerie Nicholson
Rebeccah Parry
Margarite Sanchez
Christina Tom
Kath Webster

Ontario

Fatimatou Barry
Kerrigan Beaver
Breklyn Bertozzi
Lynne Cioppa
Jasmine Cotnam
Annette Fraleigh
Claudine Gasingirwa
Brenda Gagnier
Tracey Conway
Shaz Islam
Gladys Kwaramba
Stephanie Smith
Mary Ndung'u
Medys Kihembo
*+ 4 PRAs in Ontario who wish to
remain anonymous*

Quebec

8 PRAs in Quebec who
wish to remain
anonymous



Presentation of the team:

Meet the students !



Nisha Andany, BSc., MD
University of Toronto, Dep. Medicine
(Division of Infectious Diseases),
Toronto, Ontario.
CHIWOS Supervisor: Dr. Loutfy



Nadia O'Brien, PhD Candidate
McGill University, Family Medicine
Montreal, Québec
CHIWOS Supervisor: Dr. de
Pokomandy



Anne Wagner, Postdoctoral fellow
Ryerson University, Department of
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Toronto, Ontario
CHIWOS Supervisor: Dr. Monson



Denise Jaworsky, PhD Candidate
University of Toronto, Institute of Health
Policy, Management & Evaluation
Toronto, Ontario
CHIWOS Supervisor: Dr. Loutfy



Lashanda Skerritt, MD/PhD
Candidate
McGill University, Family Medicine
Montreal, Québec
CHIWOS Supervisors: Dr. de
Pokomandy & Dr. Kaida



Mostafa Shokohi, PhD Candidate
University of Western Ontario
London, Ontario
CHIWOS Supervisor: Dr. Bauer



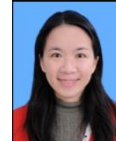
Angela Underhill, PhD Candidate
University of Guelph, Family relations &
Human Development
Guelph, Ontario
CHIWOS Supervisor: Dr. Loutfy



Rosa Balleny, BSc Student
SFU, Faculty of Health Science
Burnaby, British-Colombia
CHIWOS Supervisor: Dr. Kaida



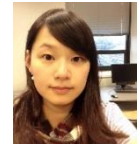
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CHIWOS Supervisor: Dr. Kaida



Amy Lai, MSc student
SFU, Faculty of Health Science
Burnaby, British-Colombia
CHIWOS Supervisor: Dr. Kaida



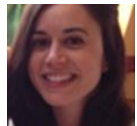
Roula Hawa, Postdoctoral Fellow
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CHIWOS Supervisor: Dr. Loutfy



Ying Wang, PhD student
University of Toronto, School of Social
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Toronto, Ontario
CHIWOS Supervisor: Dr. Logie



Siobhan Churchill, MSc Student
University of Western Ontario,
Epidemiology & Biostatistics
London, Ontario
CHIWOS Supervisor: Dr. Bauer



Angela Cescon, MPH, MD Student
Northern Ontario School of Medicine
Sudbury, Ontario
CHIWOS Supervisor: Dr. Loutfy



Priscilla Medeiros, Postdoctoral Fellow
Women's College research Institute
Toronto, Ontario
CHIWOS Supervisor: Dr. Loutfy



Sarah Watt, MPH student
SFU, Faculty of Health Science
Burnaby, British-Colombia
CHIWOS Supervisor: Dr. Kaida



Sarah Spencer, MPH student
SFU, Faculty of Health Science
Burnaby, British-Colombia
CHIWOS Supervisor: Dr. Kaida

Congratulations to the CHIWOS graduates!



Ama Kyeremeh, MPH
SFU, Faculty of Health Sciences
Burnaby, British-Columbia
CHIWOS Supervisor: Dr. Kaïda



Sophie Patterson, Ph.D.
SFU, Faculty of Health Sciences
Burnaby, British-Columbia
CHIWOS Supervisor: Dr. Kaïda



Kate Salters, Ph.D.
SFU, Faculty of Health Sciences
Burnaby, British-Columbia
CHIWOS Supervisor: Dr. Kaïda & Hogg



Claudette Cardinal
CDI College, Foundations in Social
Services, Vancouver, British-Columbia



Marya Jaleel, MPH
University of British-Columbia, School of
Population and Public Health
Vancouver, British-Columbia
CHIWOS Supervisor: Dr. Kaïda



Emily Heer, MPH
McGill University, Public Health
Montreal, Quebec
CHIWOS Supervisor: Dr. de Pokomandy



Nadine Kronfli, MPH, MD, FRCP(C)
CTN Postdoctoral
CHIWOS Supervisor: Dr. Loutfy



Allison Carter, Ph.D.
SFU, Faculty of Health Sciences
Burnaby, British-Columbia
CHIWOS Supervisor: Dr. Kaïda, Hogg,
Greene, Money



Ashley Lacombe-Duncan, Ph.D.
University of Toronto, Factor-Inwentash
Faculty of Social Work
Toronto, Ontario
CHIWOS Supervisor: Dr. Newman & Logie



Marilyn Fortin-Hughes, MSc
UQAM, Sexology
Montreal, Quebec
CHIWOS Supervisor: Dr. de Pokomandy &
Otis



CAHR Red Ribbon Award 2018



Valerie Nicholson



CAHR-CANFAR Excellence in Research Awards

Community-Based Research: The 33 peer research associates of the Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS)



Once upon a time CHIWOS

A brief overview of the study story and updates



CHIWO♀S

Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS)

A group of researchers, clinicians, women living with HIV, community advocates, and other stakeholders came together to create a dedicated research and advocacy team: CHIWOS

“Nothing About Us Without Us”

CHIWOS is driven by, with, and for women living with HIV: resisting stigma to **celebrate the lives of women**, and to advance the health and well-being of women living with HIV across Canada through the **exploration of women-centred HIV care**.



Women-specific HIV/AIDS Services

(Literature review, Carter et al. 2013)

Carter AJ et al. *Journal of the International AIDS Society* 2013, 16:17433
<http://www.jiasociety.org/index.php/jias/article/view/17433> | <http://dx.doi.org/10.7448/IAS.16.1.17433>

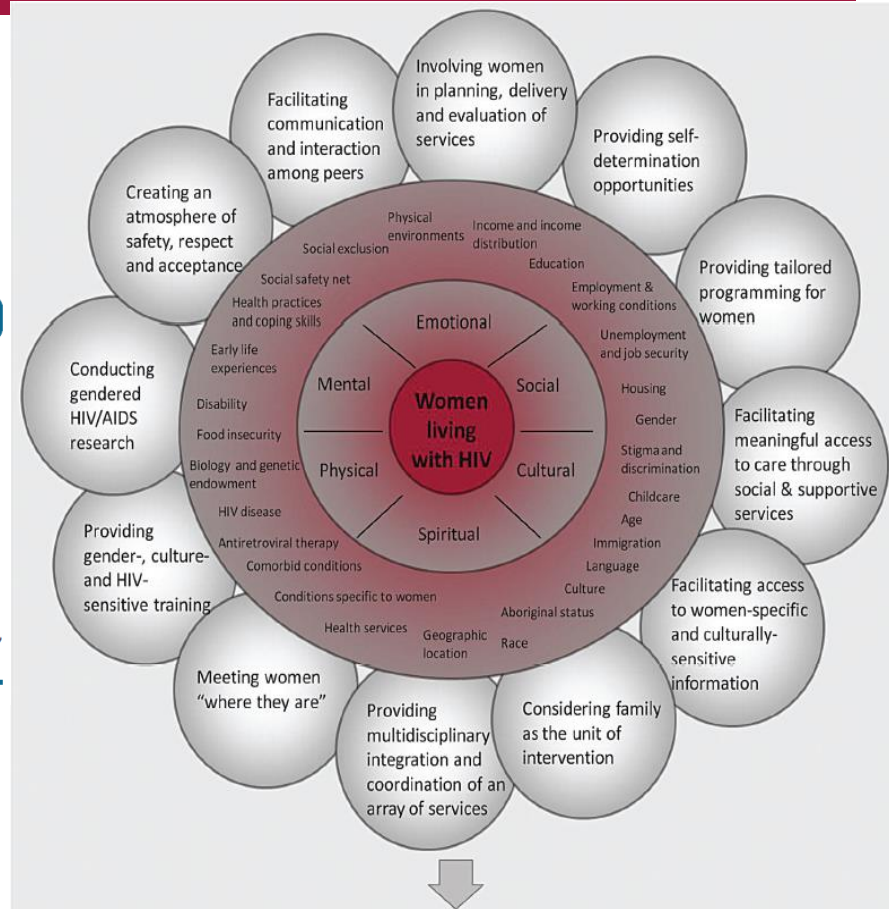


Review article

Women-specific HIV/AIDS services: identifying and defining the components of holistic service delivery for women living with HIV/AIDS

Allison J Carter^{1,2}, Sonya Bourgeois³, Nadia O'Brien⁴, Kira Abelsohn³, Wangari Tharao⁵, Saara Greene⁶, Shari Margolese³, Angela Kaida¹, Margarite Sanchez⁷, Alexis K Palmer^{1,2}, Angela Cescon², Alexandra de Pokomandy⁴, Mona R Loutfy^{5,3} and on behalf of CHIWOS Research Team⁸

⁵Corresponding author: Mona R Loutfy, Women's College Research Institute, Women's College Hospital, 790 Bay Street, Room 743, Toronto, Ontario M5G 2N8, Canada. Tel: 011 1 416 351 3732. Fax: 011 1 416 351 3746. (mona.loutfy@wchospital.ca)



Impact of women-centred HIV/AIDS services:

General health status, women's health status, sexuality and sexual health status, reproductive health status, mental health status, addiction issues, co-infection issues, quality of life, health care quality and satisfaction, reproductive choices, contraceptive choices, body image, stigma, and treatment issues (e.g., adherence, disease progression, etc.).

Carter AJ et al. (2013) **Women-specific HIV/AIDS services: identifying and defining the components of holistic service delivery for women living with HIV/AIDS.** *Journal of the International AIDS Society* 16:17433.

CHIWOS Formative Phase: Envisioning Women-Centred HIV Care in Canada

First, we needed to understand how women living with HIV understand and envision **women-centred HIV care**.

Women living with HIV co-facilitated 11 focus groups with 77 women living with HIV, across British Columbia, Ontario, Quebec.



Preparing for the focus group in Northern British Columbia, Canada

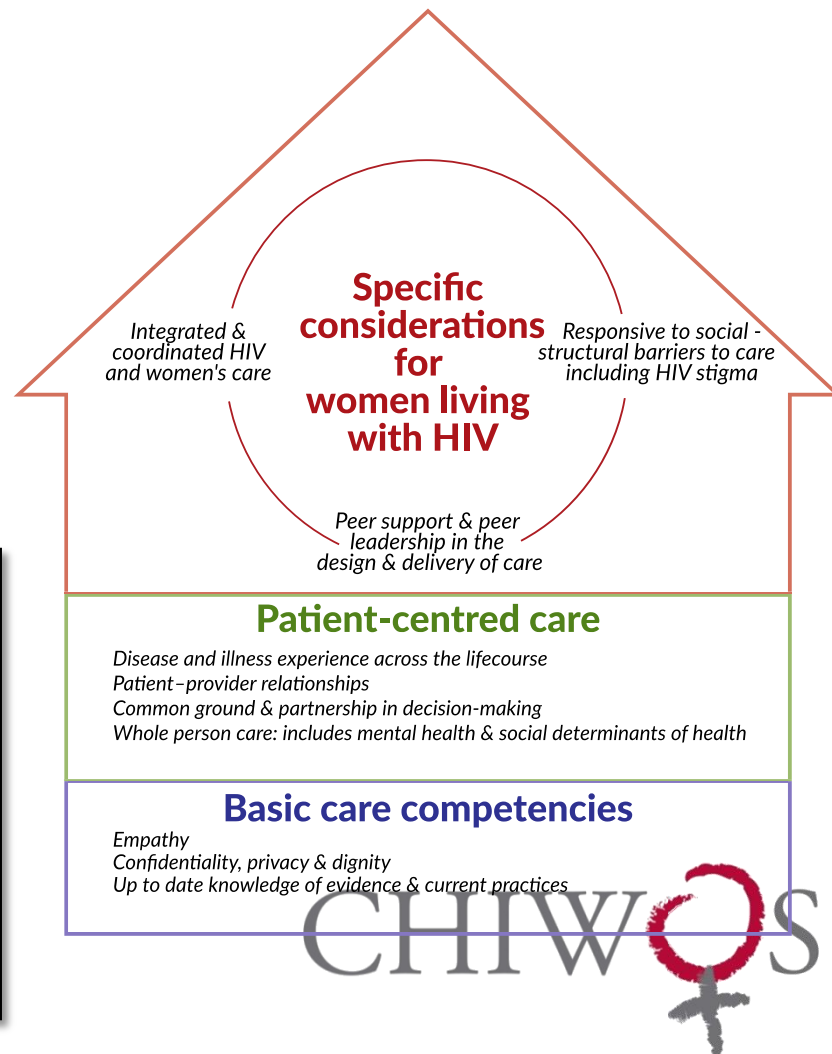
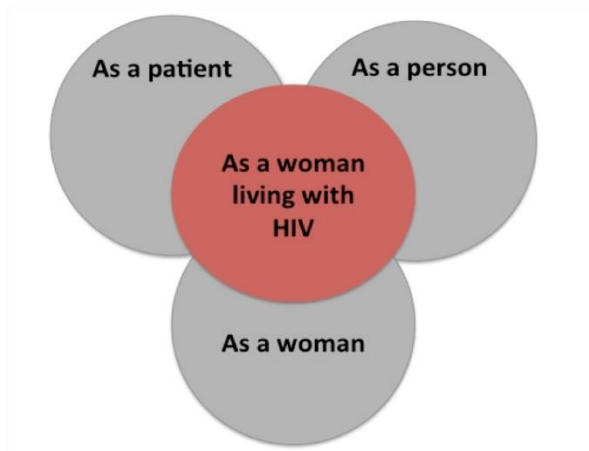


Focus group training



National team meeting

Envisioning Women-Centred HIV Care: Perspectives from women living with HIV in Canada



Women's Health Issues 27-6 (2017) 721-730



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Healthcare Services

Envisioning Women-Centered HIV Care: Perspectives from Women Living with HIV in Canada

Nadia O'Brien, MPH^a, Saara Greene, PhD^b, Allison Carter, MPH^c, Johanna Lewis, MA^d, Valerie Nicholson^c, Gladys Kwaramba^d, Brigitte Ménard^e, Elaina Kaufman, MSc^a, Nourane Ennabil, MSc^e, Neil Andersson, MD, PhD, MPhil, MSc, MFPH^a, Mona Loutfy, MD, MPH^d, Alexandra de Pokomandy, MD, MSc^e, Angela Kaida, PhD^{c,*}, CHIWOS Research Team

CHIWOS Survey Phase: Multi-site, Longitudinal Cohort of women with HIV

Building off of the vision of women-centred care from the focus groups, we launched the **longitudinal quantitative survey phase of CHIWOS** in August 2013 (CHIWOS Phase 2).

Women living with HIV from diverse backgrounds were **hired and trained in research methods as Peer Research Associates**.

PEER-TO-PEER CONNECTIONS



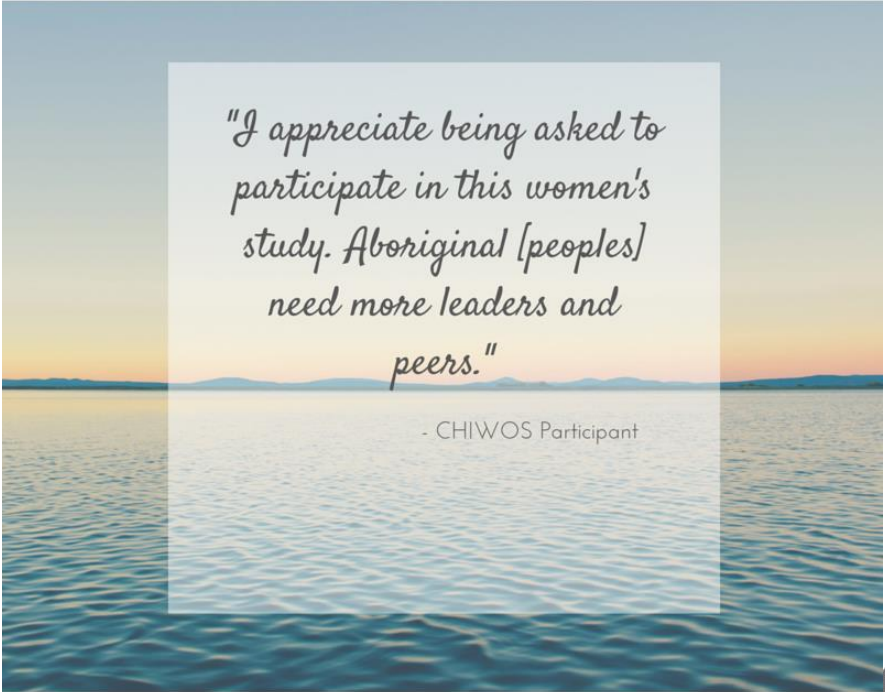
“It’s about the questions that you ask”

Women living with HIV co-designed and piloted the survey questions, to help ensure that CHIWOS was asking the *right* questions in the *right* way.



I'm glad that there's some research going on about women and HIV. Studies tend to focus on people who are from marginalized groups and/or gay men. Nice to know there is a women-centred community of researchers.

- CHIWOS Participant



"I appreciate being asked to participate in this women's study. Aboriginal [peoples] need more leaders and peers."

- CHIWOS Participant

CHIWOS Survey Phase : Wave 1 Launch



CHIWOS

CHIWOS Survey Phase:

Building a Multi-site, Longitudinal Cohort of women with HIV

CHIWOS enrolled 1,422 self identified women living with HIV (cis and trans inclusive, ≥ 16 years) across British Columbia (356), Ontario (713), and Quebec (353) using non-random, purposive sampling to ensure that we captured the diversity of women living with HIV in Canada, *especially* women who are typically underserved.

Study goals: to assess the barriers & facilitators of women-centred HIV care, & the impact of such use on sexual, reproductive, mental & women's health outcomes.

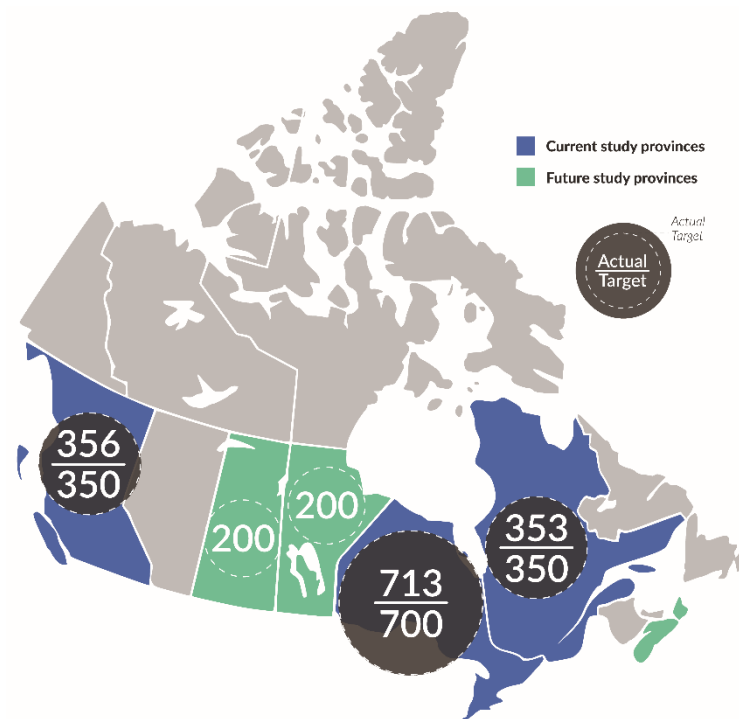


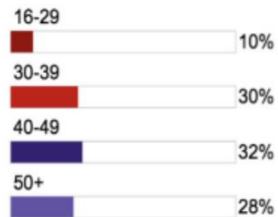
Fig 1 : Current and upcoming CHIWOS sites with target and actual recruitment numbers.



CHIWOS highlights the diversity of women living with HIV in Canada

Leadership from women living with HIV in the recruitment process was **essential** to ensure that our cohort represented the diversity of women living with HIV in Canada

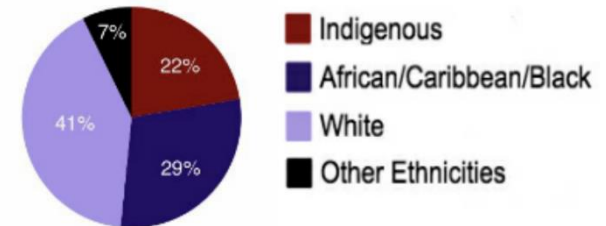
Average age of participants is 43 ranging from 16 to 74



13% of CHIWOS participants identify as LGBTTTQ



30% of participants are ACB and 22% are Indigenous



65% CHIWOS participants have children

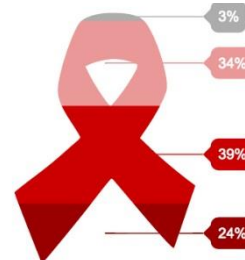


84% have a highschool education or higher



■ Lower than High School
■ Higher than High School

73% have been living with HIV for 6+ years



■ Less than 6 years
■ 6 to 14 years
■ More than 14 years
■ Don't know/PNTA



3 waves of data collection

- **Methods:** Peer-administered online survey



Baseline (Wave 1; 2013-2015): 1,422 women



18-month (Wave 2; 2015-2017): 1,252 women followed-up



36-month (Wave 3; 2017-2018): 1,151 women followed-up

- Total of 3,825 completed surveys !

Recruitment and Retention between CHIWOS Wave 1, Wave 2, & Wave 3

Final Retention between CHIWOS Wave 1, Wave 2, & Wave 3

Prov.	Enrolled at Baseline (Wave 1): August 27 th , 2013-May 1 st 2015	Wave 2: June 23 rd , 2015-January 31 st , 2017						Wave 3: February 1 st 2017, - September 16 th 2018					
		Completed Wave 2	LTFU	Declined	Withdrawn	Deaths (W1-W2)	Number eligible for W3 (completed + declined + LTFU)	Completed Wave 3	LTFU	Declined	Withdrawn	Deaths (W2-W3)	W3 Retention (# completed Wave 3 / # eligible based on Wave 2)
BC	356	299	31	7	7	12	337	246	60	0	14	18	(246/337) 73%
		300*	31	7	7	12	338*	247*	60	0	14	18	(247 / 338) 73%
ON	713	632	54	9	8	10	695	605	56	10	12	18	(605/695) 87%
		634*	54	9	8	10	697*	605	57	11	12	18	(605 / 697) 87%
QC	353	321	14	8	6	4	343	300	23	0	19	4	(300/343) 87%
National	1,422	1252	99	24	21	26	1375	1151	139	10	45	35	1151/1375 84%
		1255*	99	24	21	26	1378*	1152*	140*	11*	45	35	(1152/1378) 84%

numbers provided Dec 3rd, 2018; NOTE: 3 participants not included in W1 data cut completed Wave 2 – shown in purple.





Mortality in CHIWOS

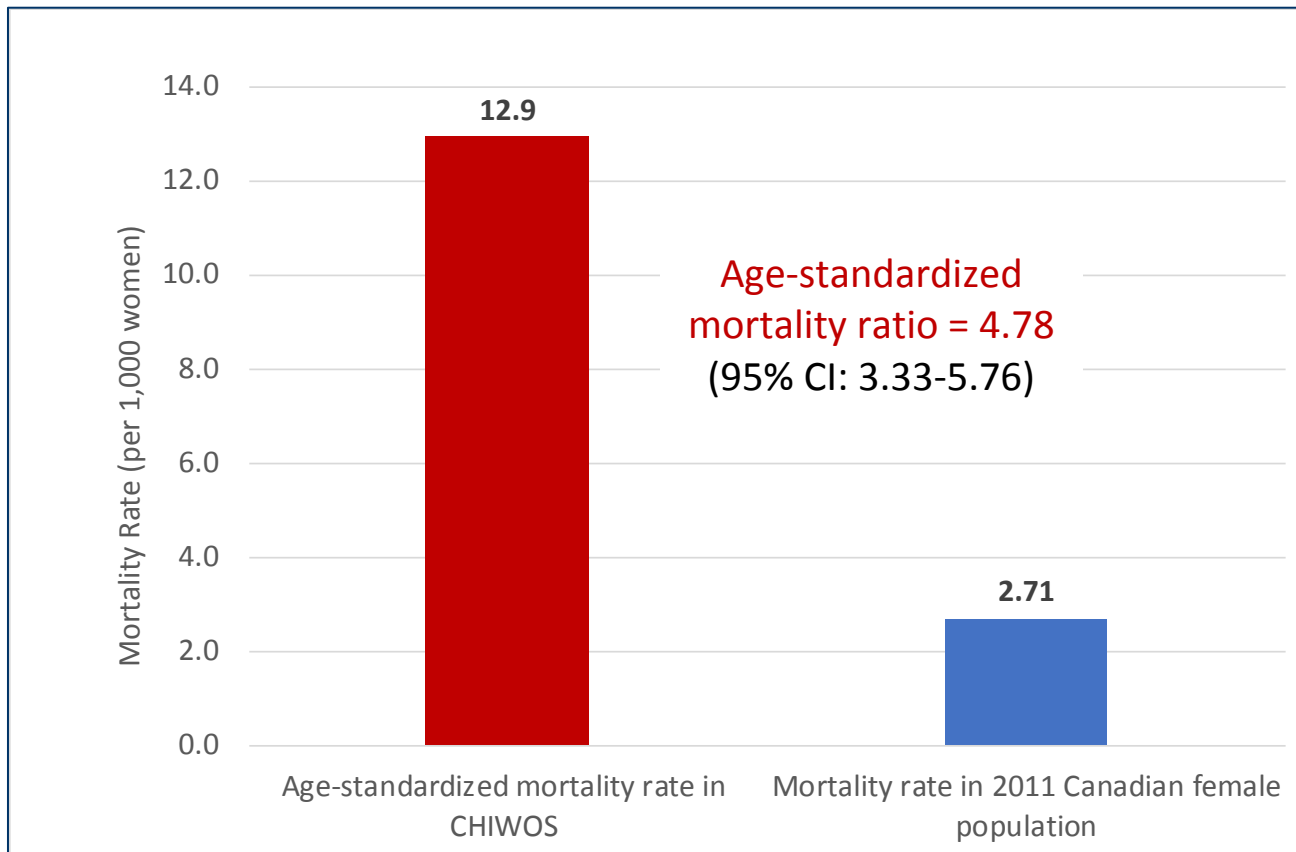
Province	Enrolled at Baseline (Wave 1): August 27 th 2013-May 1 st 2015	# of deaths between Wave 1 and Wave 2	# of deaths between Wave 2 and Wave 3	Total # of deaths between Baseline to Wave 3	# of deaths after Wave 3 as of March 21st, 2019
British Columbia	356	12	18	30 (8.4%)	4
Ontario	713	10	13	23 (3.2%)	5
Quebec	353	4	4	8 (2.3%)	0
National	1,422	26	35	61 (4.3%)	9





Mortality incidence (up to May 1st, 2018)

Figure 1. Age-standardized mortality ratio comparing CHIWOS to the general female Canadian population (2011, age 15+ yrs)




The Women of CHIWOS are Resilient



"I think this study is important

NOT JUST FOR THE RESEARCH BUT FOR ME PERSONALLY, BECAUSE IT HAS HELPED ME REALIZE MY STRENGTH AND ABILITIES AND WHAT I CAN DO TO EFFECT MY LIFE POSITIVELY WITHOUT BEING LIMITED BY MY STATUS."

- CHIWOS Participant



"Doing the survey was a good experience because it helped realize my resilience."

CHIWOS



Canadian Association of HIV Research (CAHR 2017): Data Transfer Ceremony

In a ceremony at the CAHR Conference (2017), CHIWOS transferred the ownership of Indigenous Peoples' data to the Institute of Aboriginal Peoples Health (IAPH) in compliance with OCAP principles*.



*OCAP=
Ownership,
Control, Access,
Possession



CHIWOS Body Mapping

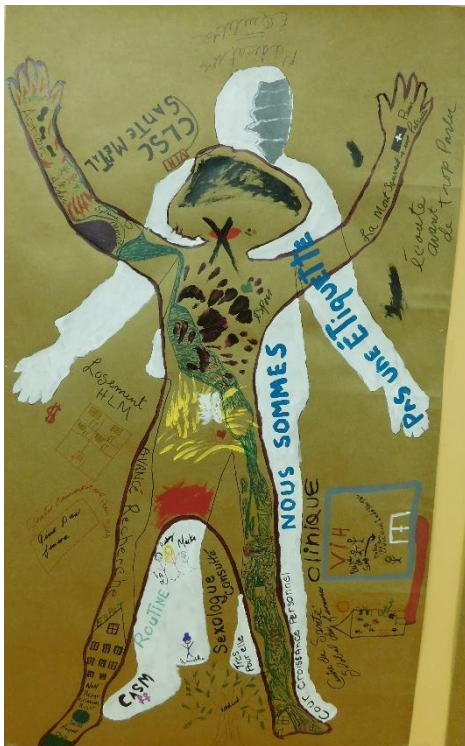


- Lead by Saara Greene (McMaster University)



- An art therapy process adapted to research during which women are asked to express their stories, strengths and challenges artistically.
- Body Mapping is also use to express life experience and engage in a process of self-healing
- Objective: Explore health needs and experiences as a woman living with HIV with a focus on women-centered care

CHIWOS Body Mapping



- CHIWOS team received training in June 2018
 - 5 retreat-style workshop in total across Canada
- ON: Oct. 2018, Feb. 2019; QC: Nov. 2018; SK: May 2019; BC: Fall 2019; MB: training in April 2019

Prairies updates

- Saskatchewan and Manitoba joined CHIWOS in 2015
- Indigenized arts-based events
- Learn about the perspectives and priorities of women with HIV



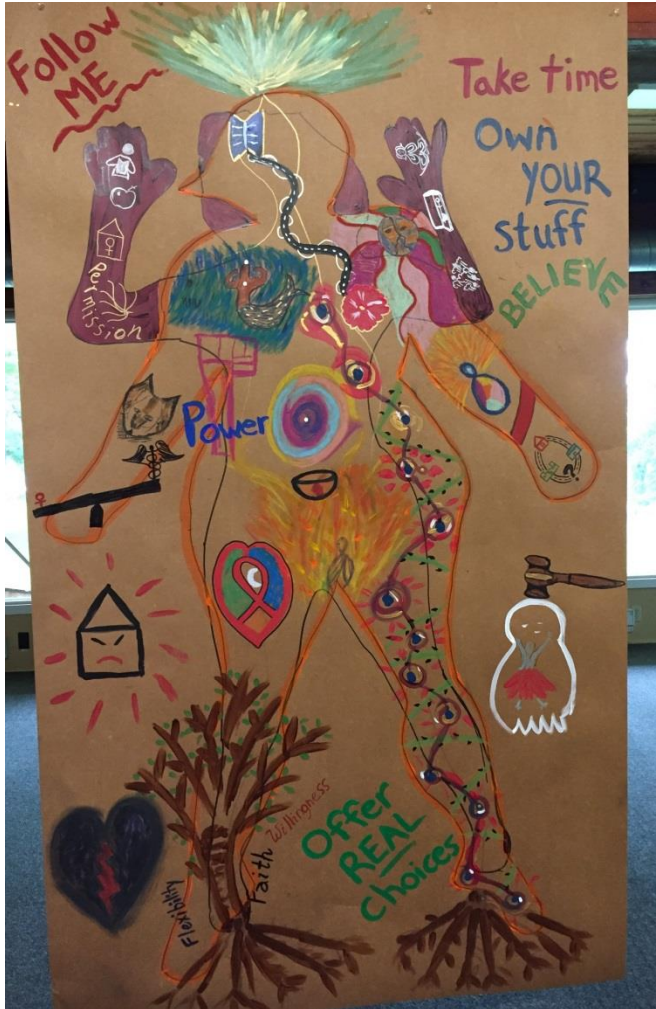
CHIWOS PAW Updates: Saskatchewan

- Complete thematic data analysis of photovoice using CCDAP by **March 29, 2019.**
- Complete 1st body-mapping session in Regina, SK by **May 2019.**

-As agreed, we will be using the Body Mapping Facilitator's guide as an outline for our body mapping session; however, we will be using the guidance of Elder Betty in the ways of practicing body mapping in a way that is culturally safe for our Indigenous Women participants.



CHIWOS PAW Updates: Manitoba



- Body Mapping Facilitator Training: April 15-17
 - Saara and Jasmine in Winnipeg
 - Training for Indigenous women living with HIV, Knowledge Keeper, CHIWOS staff, community co-investigator to facilitate body mapping workshops with service providers and decision makers
 - Currently recruiting women and event planning
 - Upcoming: Facilitator Training Step 2 and Body Mapping session with service providers

Other Activities

- Knowledge translation and dissemination activities around the quilt and operating from a decolonizing lens
- Developing a paper discussing inviting spirit into research
- Poster Presentation at CAHR: Women living the good life: Reflections on Conducting Research from a Decolonizing Lens



Knowledge translation



Disseminating our findings through publications and presentations

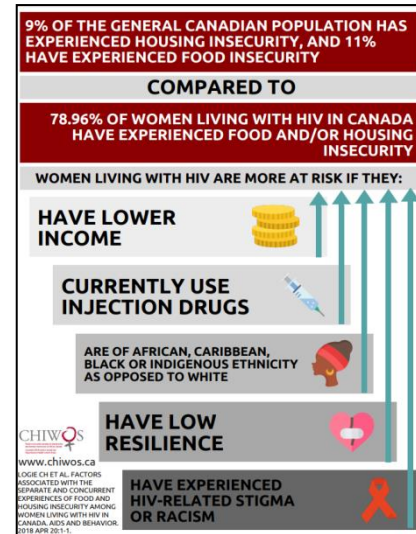
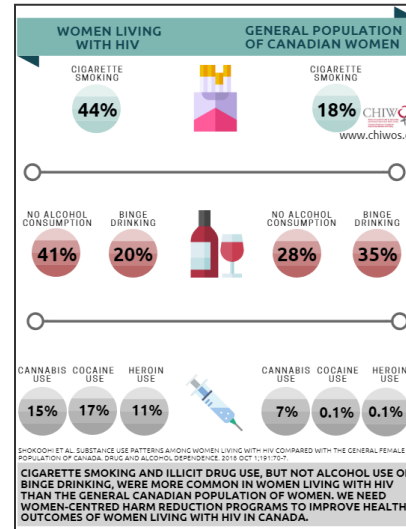
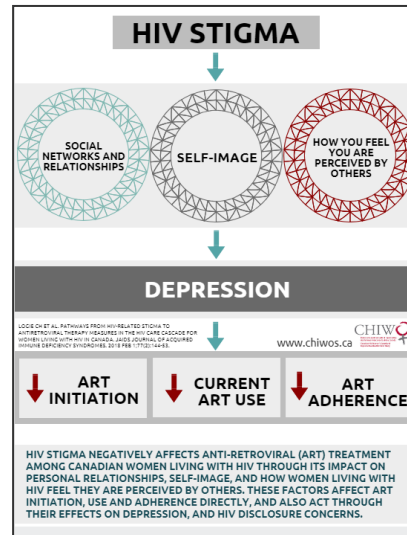
The CHIWOS team continues to advocate for the advancement of the rights and health of women living with HIV across Canada. **CHIWOS has 36 publications (11 in 2018!),** and numerous conference and community presentations to date (Apr 2nd, 2019).

The collage features several overlapping document covers and article snippets:

- Journal of Sex Research:** "Supporting the Sexual Rights of Women Living With HIV: A Critical Analysis of Sexual Satisfaction and Pleasure Across Five Relationship Types".
- Original Research:** "Geographic differences in the experience of HIV-related stigma for women living with HIV in northern and rural communities of Ontario, Canada".
- Open Access:** "Pathways From HIV-Related Stigma to Antiretroviral Therapy Measures in the HIV Care Cascade for Women Living With HIV in Canada".
- Preventive Medicine:** "HIV-related stigma, racial discrimination, and gender discrimination: Pathways to physical and mental health-related quality of life among a national cohort of women living with HIV".
- International Journal of Sexual Health:** "The Importance of Sex in the Lives of Women Living with HIV: A Critical Quantitative Analysis".
- PLOS ONE:** "High rates of posttraumatic stress symptoms in women living with HIV in Canada".
- Drug and Alcohol Dependence:** "Substance use patterns among women living with HIV compared with the general female population of Canada".
- Work-in-Progress & Lessons Learned:** "Strategies for Recruiting Women Living with Human Immunodeficiency Virus Community-Based Research: Lessons from Canada".
- Abstract:** "Attrition Across the HIV Cascade of Care Among a Diverse Cohort of Women Living With HIV in Canada".
- Abstract:** "Substance Use, Violence, and Antiretroviral Adherence: A Latent Class Analysis of Women Living with HIV in Canada".
- Abstract:** "We suffer a lot, and little research is been done to look at our sexual and reproductive health. This is our time, enough is enough." - CHIWOS Participant

Disseminating our findings with women and community

- Lay summaries
- Factsheets
- Infographic sheets



Envisioning Women-Centered HIV Care: Perspectives from WLWH

A Publication Fact Sheet by the Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS)

Nearly one-quarter of people living with HIV in Canada are women. These women seem not to be receiving adequate and appropriate health care attention that could meet their specific need in HIV care. The purpose is to understand what women centered HIV care mean to women living with HIV in Canada.

Women-centered HIV care was envisioned to be:

- A care that is coordinated and integrated
- A care that recognizes structural barriers to women's access to health care
- A care that support peer involvement to honor the diversity of women's experiences

Specific considerations for women living with HIV:

- Integrated & coordinated HIV and women's care
- Patient-centred care
- Basic care competencies

Women-Centred HIV Care

A women-centered approach to HIV care, as envisioned by women living with HIV, is needed in policy and practice designed to improve care and outcomes for women living with HIV in Canada.

© Fortin N, Greene S, Carter A, Gosselin N, Huard-Bouchard M, Messard B, Naudin E, Sirois M, Anderson M, Lippitt M, de Paoli-Mandri A, Eklund A, CHIWOS Research Team. (2017) Envisioning Women-Centred HIV Care: Perspectives from Women Living with HIV in Canada. Women's Health Issues, 27(6): 112-120. doi:10.1016/j.whi.2017.08.003

Find more: www.chiwos.ca | facebook.com/chiwos | twitter.com/chiwosresearch | Version: 07-march-2019

Cervical Cancer Screening for women living with HIV

A Publication Fact Sheet by the Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS)

In Canada, cervical cancer screening (CCS) is recommended once a year for women after an HIV diagnosis, compared once every three years recommended for HIV-negative women. We explored if women living with HIV (WLWH) access to Pap test as Canadian guidelines.

WHEN WOMEN WITH HIV DID RECEIVE THEIR LAST PAP TEST ?

- 68.5% of the participants received a Pap test less than a year prior to the study.
- 17.7% of the participants received a Pap test 1-3 years ago.
- 13.7% of the participants received a Pap test 3 years ago or never.
- 26.0% never discussed the need for Pap test with a nurse or doctor.

Women who had a longer delay were:

- Living in Ontario or Quebec compared to British Columbia.
- Sexually inactive for 6 months or more.
- Had low level of CD4 counts.
- Had a male HIV care provider.

Increasing women's awareness of cervical cancer and the importance of annual CCS, and involving other providers like nurses are potential solutions to improve screening uptake and overall care for women with HIV in Canada.

de Paoli-Mandri A, Burdick A, Salter K, Ding E, O'Brien N, Babington M, Proulx-Boucher K, Boccia J, Pich N, Ogilvie G, Lippitt M, Eklund A, CHIWOS Research Team. Accepted 2020. Cervical Cancer Screening for women living with HIV in the Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS). CMAJ Open.

Find more: www.chiwos.ca | facebook.com/chiwos | twitter.com/chiwosresearch | Version: 07-March-2019

EXPERIENCES OF PREGNANCY AND EARLY MOTHERHOOD AMONG WLWH

A Publication Fact Sheet by the Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS)

Experiences of maternity can be sometimes perceived as a self-fulfillment or an accomplishment, and sometimes as a challenge. We explored the maternity experiences among women living with HIV and looked at factors that contribute to a positive or a negative experience of early motherhood.

4 PROFILE OF MATERNITY EXPERIENCES

- Overall positive experience (40%):**
 - Characterised by:
 - no difficulties getting pregnant.
 - happy feelings through all stages of early maternity (finding out pregnancy, during pregnancy, and in the 32 months postpartum).
- Overall mixed experience (14%):**
 - Characterised by:
 - Uncertain pregnancy
 - Moderately hard times during pregnancy.
 - Happy times or moderately hard times in the year postpartum.
- Positive experience with postpartum challenges (23%):**
 - Characterised by:
 - no difficulty getting pregnant.
 - 100% were happy when finding out pregnancy.
 - Pregnancy was an happy time.
 - Most reported postpartum challenges.
- Overall negative experience (23%):**
 - Characterised by:
 - Unplanned pregnancy
 - unhappiness when finding out pregnancy.
 - Very hard times during pregnancy.
 - Very hard times in the 32 months after pregnancy.

There were no associations between timing of HIV diagnosis (before, during or after pregnancy) and experience of pregnancies.

Women with overall negative experience were younger at delivery, did not know the HIV-status of their pregnancy partner, and report previous pregnancy termination.

Recognition of the different patterns of experiences can help providers offer a more adapted approach to reproductive counselling of women with HIV. The importance of discussing reproductive goals as part of primary care for all women of reproductive age, and to provide contraception counselling when pregnancy is not desired should be emphasised by health care providers.

Fortin-Hughes M, Proulx-Boucher K, Boccia J, O'Sullivan L, & Messard B. (2019). Previous experiences of pregnancy and early motherhood among women living with HIV: a latent class analysis. AIDS Care, 1-8.

Find more: www.chiwos.ca | facebook.com/chiwos | twitter.com/chiwosresearch | Version: 07-March-2019

Engagement on social media and with traditional media

The CHIWOS team is active on social media platforms, such as Facebook and Twitter;

CHIWOSresearch
@CHIWOS

385
Total Likes

395
Total Follows

CHIWOSresearch
@CHIWOSresearch

Tweets 2,706

Following 708

Followers 1,683

CHIWOSresearch @CHIWOSresearch · Apr 28
CHIWOS posters at #CAHR2018 on important topics including #HIV, the #socialdeterminantsofhealth, sex and more!
#communitybasedresearch #researchtoaction #endHIVstigma #healthequity

CHIWOSresearch @CHIWOSresearch · Oct 11
"there are some sub-groups of women who are at elevated risk of falling out of the [HIV] cascade of care"
Thank you @TheBodyDotCom and @CATIEInfo for sharing this summary of CHIWOS research on attrition across the #HIV care cascade among Canadian women!

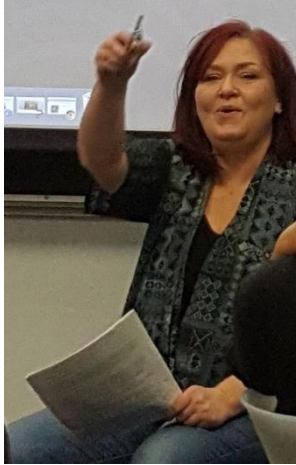
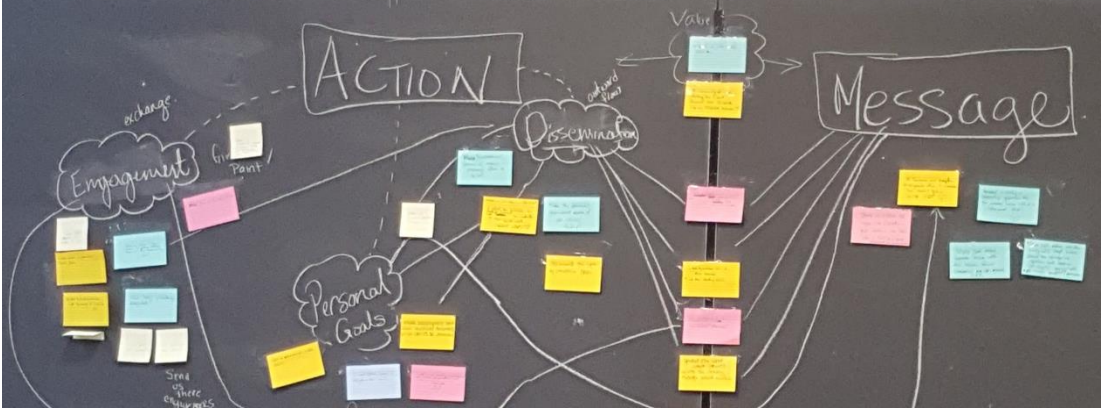
Canadian Study Examines Why Some Women Fall ...
In a study of more than 1,400 women living with HIV, nearly 30% did not achieve viral suppression and some groups of women had greater challenges with ...
thebodypro.com

CHIWOSresearch @CHIWOSresearch · 13 Sep 2017
"Remember those we research are not just statistics, we are women first!, I live with HIV, but it does not define me"-@vjnicholson

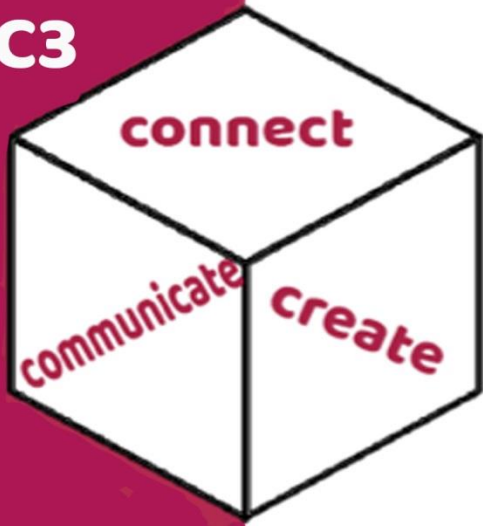
As well as through various newspaper and media outlets;



BC KTE: some highlights



C3



Safe Spaces

expressive outlets

IMPROVEMENT OF
PHYSICAL
& EMOTIONAL
WELL-BEING

diversity

uniqueness

knowledge

MOBILIZATION



Event One

Option A

4 cats art studio
create a small planter & then paint it.

Time: July 26, 7:15pm
1255 Commissioners Rd W.

Option B

Tai Chi and Lunch
Tai Chi is the mind integrated with the body; leads to lower levels of depression, stress, and anxiety.
·We will walk to Plant Matter afterwards includes one non-alcoholic beverage.

Time: Tai Chi 10:30-11:30am
Lunch: 11:30
St James Westminster Church, 115 Askin St.

- 4 Cats Art Studio
- or
- Tai Chi & Lunch

C3 - Connect Communicate & Create

Each of the 3 days has 2 choices, please select A or B at the bottom of each column.
*transportation as required

Event Two

Option A

Nutrition bites cooking class
Prepare a light, budget friendly meal with take home recipes.
Above the Covent Garden Market

Time: August 8, 5-7pm
130 King St.

Option B

Crocadoodle
Select a piece to paint and glaze.
-sandwiches served

Time: August 8, 6-8pm
671 Wonderland Rd N

- Nutrition Bites Cooking Class
- or
- Crocadoodle ceramics

Event Three

Option A

Paintastic
One hour of step by step private instruction on a painting.
1 shared app
+ a non alcoholic beverage incl.

Time: August 20, 2:30-4:30pm
609 Clarke Road

Option B

Bombshell
Your choice of a manicure, pedicure or facial.
A chocolate fountain and nibbles during this event.

Time August 19, 2-5pm
1980 Dundas St.

- PaintasticWe canvas painting
- or
- Bombshell spa treatment





www.TransWomenHIVResearch.com



OUR CONFERENCE

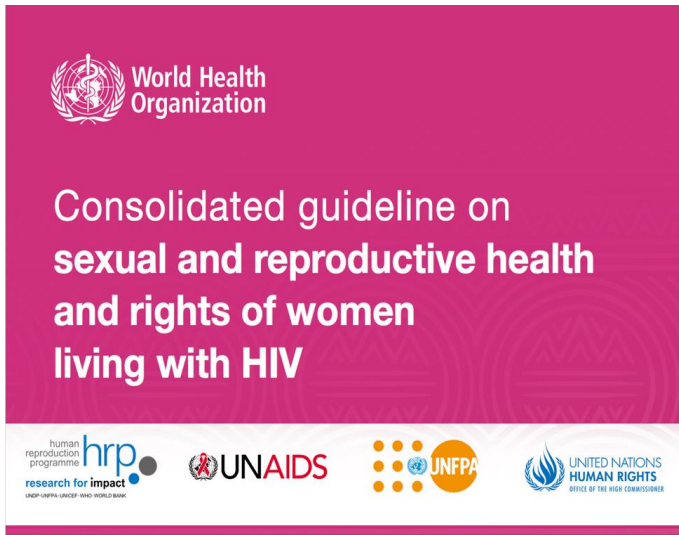


Would you attend another conference on trans women and HIV?

YES!



Canadian Webinar Series on Sexual and Reproductive Health and Rights of Women Living with HIV



CHIWOS partnered with five leading women and HIV organizations, to develop and host a **multi-phase Canadian webinar series on the sexual and reproductive health and rights of women living with HIV** based on WHO guideline, covering:

- ❖ Trauma and violence-aware care;
- ❖ Supporting Safer HIV Disclosure;
- ❖ Reproductive Health, Rights, and Justice;
- ❖ Resilience, Self-Efficacy, and Peer Support

Webinar	Registrants	Attendees	Total Views*
Trauma and Violence-Aware Care	209	106	514
Supporting Safer HIV Disclosure	190	76	169
Reproductive Health, Rights, and Justice	170	79	291
Resilience, Self-Efficacy, and Peer Support	256	100	182
Total across the webinar series	825	361	1,156

Life & Love with HIV

Allison Carter @MissAllieCarter · Mar 20

"We are beautiful & have a lot to offer" - inspired by stories of #women w/ #HIV on #dating #love #sex #relationships



Filter by Categories Themes Contributors



Welcome to the Life and Love with HIV blog!

With the knowledge that U=U, it's time to de-medicalize our sex lives and reclaim our right to a pleasurable, consensual, enjoyable sexuality and intimacy.

8 3 Read more



The Point Of No Return

One of the few reasons I stayed in my abusive marriage was because I feared exposing our virus to the world.



Dairy Of A Wild Girl

Peter had set my sexual being wanted ever since our passionate kiss and awkward intimacy was rudely interrupted by his friend the last time we met.

2 0 Read more



I Am HIV-Positive. This Is What It's Like to Date

If I put "I'm a trans woman living with HIV" as my strapline on Tinder, I'd never get any hits. But I understand my body and how valuable I am in the world, and I find myself sexy and attractive.

2 0 Read more



Dilation Into Masturbation

After surgery (vaginoplasty) to create a neo-vagina from the existing cock and ball skin, the strict medical advice to keep the vaginal cavity open and receptive to whoever or whatever you might invite in, is to dilate three times a day, every day.

4 0 Read more



First Time She Kissed Me

She is married, and so am I. She casts me as a dancer in a piece she is choreographing. She is 17 years older than me and I am in awe of everything about her.

2 0 Read more



My First Date With HIV

Dating can be a hard nut for

STEPS
N
E
X
T

The Year(s) Ahead ... CHIWOS in Action Phase

- Conduct Body Mapping
- Analyze our data!
- Focus on KTE → KTA
- Finalize CHIWOS Women-centred HIV Care (WCHC) model and toolkit, informed by our findings
- Focus group in BC and ON seek women's input on the WCHC toolkit
- Pursue linked research studies related to #UequalsU for women
- Engage with policy makers, funders, and other decision-makers → for CHIWOS findings to impact policy and programming



Accessing CHIWOS data?

Data Project and Request Form

>40 data analyses currently underway

- Consult your provincial coordinator
- Consult: www.chiwos.ca under: CHIWOS Study/CHIWOSdocuments”

•Thank you to the CHIWOS Sampling, Recruitment, and Data Management (SRDM) committee and the team at the Epidemiology and Population Health program at the BC-CfE

Wave 3 data now available !

Questions and Comments?



Thank you!

For more information about CHIWOS, please contact:

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Thank you

