

National Women and HIV Workshop Series: Relevant Links and Resources

The CHIWOS Website

<http://www.chiwos.ca>

November 18 Links

The Women-Centred HIV Care Model

Information about the The Women-Centred HIV Care Model Toolkits can be found here:

http://www.chiwos.ca/women-centred-hiv-care/?doing_wp_cron=1635386264.5140769481658935546875&lang=en

A paper describing the Women-centred HIV Care model can be found here:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8047935/>

You can download the toolkits in FR and EN here: <https://cep.health/clinical-products/hiv/>

Vous pouvez télécharger les toolkits en français ici : <https://cep.health/clinical-products/hiv/>

Contact for more information about the Women-Centred HIV Care Model and Toolkits:

mona.loutfy@wchospital.ca

Pour plus d'informations sur le modèle de soins du VIH centrés sur les femmes et les troussees d'outils, contactez: mona.loutfy@wchospital.ca

November 25 Links

British Columbia CARMA-CHIWOS Collaboration (BCC3)

Click here to learn more about BCC3: <https://hivhearne.ca/>

Click here for a link to the study protocol: <https://pubmed.ncbi.nlm.nih.gov/34362800/>

CHIWOS-PAW (Prioritizing the Health Needs of Positive Aboriginal Women)

Click here for one of the papers written by the CHIWOS-PAW team, *A Journey of Doing*

Research "In a Good Way": <https://ojs.lib.uwo.ca/index.php/iipj/article/download/8215/11011>

Developing a National Action Plan to Advance the Sexual and Reproductive Health and Rights of Women Living with HIV

Click here to review the entire report: [http://www.chiwos.ca/wp-](http://www.chiwos.ca/wp-content/uploads/2018/11/Developing-a-National-Action-Plan-A-CAHR-Ancillary-Event-1.pdf)

[content/uploads/2018/11/Developing-a-National-Action-Plan-A-CAHR-Ancillary-Event-1.pdf](http://www.chiwos.ca/wp-content/uploads/2018/11/Developing-a-National-Action-Plan-A-CAHR-Ancillary-Event-1.pdf)

To view the *Resilience, Self-Efficacy, and Peer Support: Canadian Webinar Series on Implementing the WHO Guideline on Sexual and Reproductive Health and Rights for Women Living with HIV* Webinar, click here:

<https://register.gotowebinar.com/recording/4217250904891321862>

To view the *Reproductive Health, Rights, and Justice: Canadian Webinar Series on Implementing the WHO Guidelines on Sexual and Reproductive Health and Rights for Women Living with HIV* Webinar, click here: <https://www.youtube.com/watch?v=rhhrFTxspq4>

To view the *Trauma and Violence Aware Care: Canadian Webinar Series on Implementing the WHO Guidelines on Sexual and Reproductive Health and Rights for Women Living with HIV* Webinar, click here: <https://youtu.be/qSNlf29Q7rw>

To view the *Supporting Safe HIV Disclosure: Canadian Webinar Series on Implementing the WHO Guidelines on Sexual and Reproductive Health and Rights for Women Living with HIV* Webinar, click here: <https://youtu.be/leAlj4pP7HU>

San'yas Anti-Racism Indigenous Cultural Safety Training Program

From the website: The work we do at San'yas is vital for all Indigenous and non-Indigenous people in Canada. We focus on uprooting anti-Indigenous racism and promoting cultural safety for Indigenous people. These efforts provide a foundation that is necessary for reconciliation between Indigenous and Settler peoples across Canada. Such an enormous undertaking cannot succeed without your active participation.

<https://sanyas.ca/>

Indigenous Canada

From the website: Indigenous Canada is a [FREE] 12-lesson Massive Open Online Course (MOOC) from the Faculty of Native Studies that explores Indigenous histories and contemporary issues in Canada. From an Indigenous perspective, this course explores key issues facing Indigenous peoples today from a historical and critical perspective highlighting national and local Indigenous-settler relations. Topics for the 12 lessons include the fur trade and other exchange relationships, land claims and environmental impacts, legal systems and rights, political conflicts and alliances, Indigenous political activism, and contemporary Indigenous life, art and its expressions.

<https://www.coursera.org/learn/indigenous-canada>

Truth and Reconciliation Commission of Canada: Calls to Action

https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/indigenous-people/aboriginal-peoples-documents/calls_to_action_english2.pdf

British Columbia Centre for Disease Control COVID-19 Language Guide: Guidelines for inclusive language for written and digital content

<http://www.bccdc.ca/Health-Info-Site/Documents/Language-guide.pdf>

Canadian Public Health Association's Language Matters Guide: Using respectful language in relation to sexual health, substance use, STBIs and intersecting sources of stigma

<https://www.cpha.ca/sites/default/files/uploads/resources/stbbi/language-tool-e.pdf>

December 2 Links

Beyond the Data KTE Anthology

Link to the anthology: http://www.chiwos.ca/wp-content/uploads/2021/07/BeyondtheData_FINAL_spreads.pdf

Link to the reflection form: <https://forms.gle/mDkF89UpGc4Mz9XP6>

Anti-oppression resources and workshops: <https://www.raniawrites.com/>

Anti-racism resource list: www.bit.ly/3xa6wbk

Learn more about the Wet'suwet'en land defenders: <https://www.yintahaccess.com/take-action-1>

Donate to the Land Defenders legal fund:

<https://go.rallyup.com/wetsuwetenstrong/Campaign/Details>

Life and Love with HIV (HIV Made Me Fabulous Website)

From the website: "HIV Made Me Fabulous is a 10-minute film that tells the personal story of Juno Roche, a writer, activist, and trans woman, who has been living with HIV for over 25 years. Grounded in HIV science, the film examines issues related to HIV, intersectionality, and sexual health equity through embodied storytelling."

www.lifeandlovewithhiv.ca/film

WELLNESS RESOURCES

National List of HIV organizations (community or research; courtesy of Living Well With HIV)/Liste nationale d'organisations de lutte contre le VIH:

Realize/Realise

<https://www.realizecanada.org/en/>

<https://www.realizecanada.org/fr/>

CiHR Canadian HIV Trials Network (CTN)

<https://www.hivnet.ubc.ca/>

<https://www.hivnet.ubc.ca/fr/>

CPARG – Canadian Pediatric & Perinatal HIV/AIDS Research Group

<https://www.cparg.ca/>

CATIE (Canada's source for HIV and hepatitis C information)

<https://www.catie.ca>

<https://www.catie.ca/fr/accueil>

HIV411 / HCV411 Find HIV and hepatitis C services near you

<https://hiv411.ca/organization/positive-haven-surrey-hivaids-centre/>

<https://hiv411.ca/fr/>

Canadian AIDS Society

<https://www.cdnaids.ca/>

<https://www.cdnaids.ca/fr/>

Federal list of resources for mental health services (includes English and French resources):

<https://www.canada.ca/en/public-health/services/mental-health-services/mental-health-get-help.html>

Canadian Mental Health Association: <https://cmha.ca/find-help/find-cmha-in-your-area/>

CMHA offers BounceBack, free mental health coaching on the telephone for adults and youth 15+ who are experiencing low mood, mild-to-moderate depression and anxiety, stress or worry. Visit www.cmha.ca/bounceback

The Hope for Wellness Help Line

Offers immediate help to all Indigenous peoples across Canada. Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at www.hopeforwellness.ca.

Free online therapy/counseling not HIV/AIDS related:

https://www.couchmd.ca/?gclid=CjwKCAiAiML-BRAAEiwAuWVggoL1Axkar-NshQ0DkacPqM2rbyOLQMwHRo8za7hBbXFI_BDSE-ro8RoCUj0QAvD_BwE

<https://togetherall.com/en-ca/>

<https://cimhs.com/>

<https://ca.portal.gs/>

https://myicbt.com/home?gclid=CjwKCAiAiML-BRAAEiwAuWVggoL1Axkar-NshQ0DkacPqM2rbyOLQMwHRo8za7hBbXFI_BDSE-ro8RoCUj0QAvD_BwE

https://myicbt.com/home?gclid=CjwKCAiAiML-BRAAEiwAuWVggoL1Axkar-NshQ0DkacPqM2rbyOLQMwHRo8za7hBbXFI_BDSE-ro8RoCUj0QAvD_BwE

https://myicbt.com/home?gclid=CjwKCAiAiML-BRAAEiwAuWVggoL1Axkar-NshQ0DkacPqM2rbyOLQMwHRo8za7hBbXFI_BDSE-ro8RoCUj0QAvD_BwE

https://myicbt.com/home?gclid=CjwKCAiAiML-BRAAEiwAuWVggoL1Axkar-NshQ0DkacPqM2rbyOLQMwHRo8za7hBbXFI_BDSE-ro8RoCUj0QAvD_BwE

https://myicbt.com/home?gclid=CjwKCAiAiML-BRAAEiwAuWVggoL1Axkar-NshQ0DkacPqM2rbyOLQMwHRo8za7hBbXFI_BDSE-ro8RoCUj0QAvD_BwE

5) Woebot – Mental Health Chatbot – free App (Artificial Intelligence)

<https://woebothealth.com/>

6) Togetherall – Online peer-to-peer support community for your mental health

<https://togetherall.com/en-ca/>

RAFFLE PRIZE WEBSITES

Women Empowering Positive Women (WEPW)

WEPW is a community-based social enterprise called Women Empowering Positive Women. WEPW provides psycho-social education and arts-based skills training to African, Caribbean, and Black women living with HIV in Ontario.

<http://wepw.ca/about/>

The Trans People of Colour Project

TPOC is a project designed to foster affirming support, greater access to food security, and access to meaningful sexual health promotion information for racialized trans folks. Learn more about them here: <https://www.the519.org/programs/tpoc>

Beam Paints

From their website, “Beam Paints is the result of a multi-generational love of pigment, paint, colour, and innovation. I was raised by my artist parents, Carl Beam and Ann Beam, and was taught from a young age how to harvest hematite pigment in the LaCloche mountain range near our home in M'Chigeeng First Nation on Manitoulin Island. Beam Paints draws on my early educations in Indigenous pigment and expands it to encompass all paint traditions. A focus on high quality pigment content creates sublime artist materials, with plastic free packaging.” Click on the following link to learn more and/or shop for paints! <https://www.beampaints.com/>

Raffle Prize from Spirit Bear Coffee Co.

From their website: “Raven was sent by the creator of the universe, to redesign the earth after the first great ice age of cleansing. After Mother Earth added the foliage, Raven made all the new animals big and small. Then lastly, he made a Spirit Bear — a symbolic gift of peace and

harmony to all creatures of the earth. Inspired by this story, Spirit Bear Coffee Company was born... “We’re certified organic and fair trade,” says Paul Biglin, co-president alongside Sean Harding.”

<https://spiritbearcoffeecompany.com/>