Resilience, Self-Efficacy, and Peer Support:

Canadian Webinar Series on Implementing the WHO Guidelines on Sexual and Reproductive Health and Rights for Women Living with HIV

Resilience, Self-Efficacy, and Peer Support: Webinar Speakers

	Tracey Conway: Tracey Conway is a Community researcher who has just completed the CANOC Community Investigator project. She has been involved in HIV and women's research since 2000. Tracey is also the Co-chair of the Canadian Positive People Network.
	Kerrigan Johnson: Kerrigan is currently the Executive Director of 2 Spirited People of the 1st Nations, who also works as a Research Assistant for Women's College Research Initiative.
	Manjulaa Narasimhan: Manjulaa coordinates WHO's work on strengthening linkages between sexual and reproductive health and rights (SRHR) and HIV interventions – at advocacy, policy, programmatic and research levels. This includes the development of WHO global guidance and tools on the SRHR for women living with HIV as well as the SRHR of adolescent girls and young women.
	Allyson Ion: Allyson Ion is a PhD Candidate in Social Work at McMaster University. She has worked and volunteered in the HIV sector since 2001 contributing to community development, education, and research initiatives including community-based HIV research in the areas of women, peer support and mothering. Allyson's doctoral research uses institutional ethnography to investigate the health services that women living with HIV utilize during pregnancy, childbirth and early postpartum.
	Carmen Logie: Carmen is an Assistant Professor, Factor-Inwentash Faculty of Social Work, University of Toronto and an Ontario Ministry of Research & Innovation Early Researcher. Her research explores the social ecological contexts of health and well-being of people living with, and at elevated risk for, HIV in Canada and globally.

	Doris Peltier: Doris Peltier is the National Coordinator for Visioning Health II (VHII), a 4-year Intervention study for HIV-positive Indigenous women in Canada; in partnership with the University of Victoria and the Canadian Aboriginal AIDS Network (CAAN). Her current roles include CAAN rep with the Community Advisory Committee at the CIHR-Canadian HIV Trials Network; Co-chair of the Community Aboriginal Advisory Board for Positive Aboriginal Women (CAAB PAW) with the Canadian HIV Women's Sexual Reproductive Health Cohort Study (CHIWOS); Community Advisory Council member with the Waakebiness-Bryce Institute for Indigenous Health at the Dalla Lana School of Public Health (University of Toronto) and Co-chair for Health for People Who use Drugs Working Group (HfPWUD) at the CIHR Canadian HIV Trials Network. Her interests are in Advocacy, Indigenous Knowledge, KTE and Indigenous health research.
	Shazia Islam: Shazia, a.k.a. Shaz, is the PHA Support Coordinator at the Alliance for South Asian AIDS Prevention, Research Assistant for the CHIWOS study at Women's College Hospital, and an editor for 7.10 Stories. Shaz embraces she/her and they/them pronouns. Shaz has taken on the roles of project coordinator, project mentor, and editor for the POZ women's anthology initiative at ASAAP: More Than Fiction Volume 1 and 2. Shaz is thankful for the capacity-building opportunities offered by community partners like the Committee for Accessible AIDS Treatment and the Positive Leadership Development Institute. Academic credentials include a bachelor's degree in Political Science from the University of British Columbia and a diploma in Journalism from Humber College. In her spare time, Shaz serves as a board member for the Federation of Metro Tenants' Associations and is a caregiver to two senior cats.
	Kath Webster: Kath Webster has been actively engaged in the HIV community since her diagnosis in 1995. She currently volunteers as a trainer for the Positive Leadership Development Institute and is a Peer Research Associate with CHIWOS, and has presented at conferences locally, provincially and nationally. Kath believes strongly in the empowerment of people living with HIV and the great value of peer-based approaches within the HIV community.

Resilience, Self-Efficacy, and Peer Support: Webinar Resources

Canadian Positive People Network: Introduction and Principles of GIPA and MIWA: Tracey Conway

Canadian Positive People Network works across the country to help to ensure that the HIV response in Canada is coordinated nationally, regionally, and locally to benefit people and communities impacted by HIV and HIV co-infections.

CPPN website: http://www.cppnrcps.ca
Twitter: @CPPN_RCPS
Facebook: @CPPN.RCPS

World Health Organization: Consolidated guideline on sexual and reproductive health and rights of women living with HIV: Dr. Manjulaa Narasimhan

Further reading:

1. WHO Consolidated guideline on Sexual and Reproductive Health and Rights of Women Living with HIV Executive summary: http://apps.who.int/iris/bitstream/10665/254634/1/WHO-RHR-17.03-eng.pdf?ua=1

Speaker contact information: narasimhanm@who.int

wHealth: Framing Resilience, Self-Efficacy, and Peer Support: Allyson Ion

wHealth uses a strength-based peer support model to promote empowerment and resilience among women living with HIV.

Resources:

1. wHEALTH Manual – Strengths-Based Peer Case Management approach - **http://sgdwebsites.com/clients/wHealth/wp-content/uploads/2013/09/wHEALTH-Manual-FINAL.pdf**
2. Supporting Mothers in Ways that Work - **http://www.catie.ca/en/resources/supporting-mothers-ways-work-resource-toolkit-service-providers-working-mothers-living-hiv**
3. Qualitative findings from wHEALTH (impact of Peer Case Management on women living with HIV) - **https://www.erudit.org/en/journals/cswr/2015-v32-n1-2-cswr02278/1034144ar/**

Further reading:

4. Albrecht, G., & Peters, K. (1997). Peer intervention in case management practice. Journal of Case Management, 6(2), 43-50
5. Brun, C., & Rapp, R. (2001). Strengths-based case management: Individual's perspectives on strengths and the case manager relationship. Social Work, 46(3), 278-288.
6. Campbell, H., Phaneuf, M., & Deane, K. (2004). Cancer peer support programs - do they work? Patient Education and Counseling, 55(1), 3-15.
7. Dale, S. K., et al. (2014). Resilience among women with HIV: Impact of silencing the self and socioeconomic factors. Sex roles, 70(5-6), 221-231.
8. Greene, S., Ion, A., Kwaramba, G., Mwalwanda, M., Caswell, J., Guzha, E., & Carvalhal, A. (2015). "Trust me, it's different": Experiences of peer case management of women living with HIV in Ontario, Canada. Canadian Social Work Review, 32(1-2), 73-93.
9. Helgeson, V., Cohen, S., Schultz, R., & Yasko, J. (1999). Education and peers discussion group interventions and adjustment to breast cancer. Archives General Psychiatry, 56, 340-347.

10. Parish, M., Burry, C., & Pabst, M. (2003). Providing comprehensive case management to urban women with HIV/AIDS and their families. Affilia, 18(3), 13-24.
11. Passey, M., Sheldrake, M., Leitch, K., & Gilmore, V. (2007). Impact of case management on rural women's quality of life and substance use. Rural and Remote Health, 7(710).
12. Rothman J (1994). Practice with highly vulnerable clients. Englewood Cliffs, NJ: Prentice Hall.
13. Simoni, J. M., Franks, J. C., Lehavot, K., Yard, S. S. (2011). Peer interventions to promote health: conceptual considerations. American Journal of Orthopsychiatry, 81(3), 351-359.
14. Simoni, J. M., Nelson, K. M., Franks, J. C., Yard, S. S., Lehavot, K. (2011). Are peer interventions for HIV efficacious? A systematic review. AIDS Behav, 15, 1589-1595.
15. Weick A (1983). A growth-task model of human development. Social Casework, 64, 131-137.
16. Weick A, Pope L (1988). Knowing what's best: A new look at self-determination. Social Casework, 69, 10

Speaker Contact information: iona@mcmaster.ca

CHIWOS Research overview: Pathways to Resilience: Carmen Logie

Further reading:

1. Bhat, U., Cherian, A. V., Bhat, A., Chapman, H. J., Lukose, A., Patwardhan, N., ... Ramakrishna, J. (2015). Factors affecting psychosocial well-being and quality of life among women living with HIV/AIDS. *Nitte University Journal of Health Science*, *5*(4).
2. Blalock, A. C., Mcdaniel, J. S., & Farber, E. W. (2002). Effect of employment on quality of life and psychological functioning in patients with HIV/AIDS. *Psychosomatics*, *43*(5), 400-404.
3. Carter, A., Loutfy, M., de Pokomandy, A., Colley, G., Zhang, W., Sereda, P., ... Kaida, A. (2017). Health-related quality-of-life and receipt of women-centered HIV care among women living with HIV in Canada. *Women & health*, 1-21.
4. Degroote, S., Vogelaers, D., & Vandijck, D. M. (2014). What determines health-related quality of life among people living with HIV: an updated review of the literature. *Archives of Public Health*, *72*(1), 40.
5. Douab, T., Marcellin, F., Vilotitch, A., Protopopescu, C., Préau, M., Suzan-Monti, M., ... Spire, B. (2014). Health-related quality of life of people living with HIV followed up in hospitals in France: comparing trends and correlates between 2003 and 2011 (ANRS-VESPA and VESPA2 national surveys). *AIDS care*, *26*(sup1), S29-S40.
6. Fekete, E. M., Williams, S. L., Skinta, M. D., & Boqusch, L. M. (2016). Gender differences in disclosure concerns and HIV-related quality of life. *AIDS Care, 28*(4), 450-454.
7. Fumaz, C. R., Ayestaran, A., Perez-Alvarez, N., Muñoz-Moreno, J. A., Moltó, J., Ferrer, M. J., & Clotet, B. (2015). Resilience, ageing, and quality of life in long-term diagnosed HIV-infected patients. *AIDS care*, *27*(11), 1396-1403.

CHIWOS website: www.chiwos.ca
Facebook / Twitter: @CHIWOSresearch
Speaker contact information: carmen.logie@utoronto.ca

Visioning Health: Strengths-based and Culturally grounded approaches to Indigenous health: Doris Peltier

Visioning Health II aims to develop the Visioning Health Model as a health intervention for Indigenous women living with HIV, through leadership by Indigenous women living with HIV.

COMING SOON: Visioning Health website: www.visioninghealth.ca
Speaker contact information: dorpeltier@yahoo.ca
Tracey Prentice: tracey.prentice@gmail.com

Alliance for South Asian AIDS Prevention: Building Resilience and Self-Efficacy: Shazia Islam

Alliance for South Asian AIDS Prevention supports South Asian and related communities who are living with, at risk of, or affected by HIV through culturally responsive health promotion.

Further reading:

1. More Than Fiction: POZ Women Share their Stories - online version: http://asaap.ca/mtf/
2. PDF version: http://www.catie.ca/en/resources/more-fiction-poz-women-share-their-stories
3. More Than Fiction: Investing in South Asian POZ Communities (Vol. 2)
   pdf: http://orders.catie.ca/product_info.php?products_id=26377

Speaker contact information: phasupport@asaap.ca
ASAAP website: http://asaap.ca
Twitter: @ASAAP
Facebook: @ASAAPToronto

Positive Leadership Development Institute: Leadership and Capacity Building; Training for Peer Support: Kath Webster

The Positive Leadership Development Institute supports people living with HIV to realize their leadership potential and increase their capacity to participate meaningfully in community life.

Further reading:

1. "How do PLDI trainings change people?" from PANBC on Vimeo: https://vimeo.com/114594196
2. PAN PLDI website: https://pacificaidsnetwork.org/training-leadership/positive-leadership-development-institute-pldi/
3. OAN PLDI website: https://oan.red/pldi/
4. Australia PLDI website: http://pldiaustralia.org.au/
5. Five practices of leadership: http://www.leadershipchallenge.com/

Positive Leadership Development Institute: https://pacificaidsnetwork.org/training-leadership/positive-leadership-development-institute-pldi/
Facebook/Twitter: @PANinBC